

SDG 3
Good Health And Well-Being

3.3.3 Shared sports facilities

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Manav Rachna University focuses on a sports-centric philosophy to create healthy minds in healthy bodies. The World-Class infrastructure provides for total sports management, which nurtures the sports talent of the students at all levels from pre-primary to the college level.

World-class sports facilities for outdoor and indoor games. MRU shares the Spaces viz, the Campus and its facilities with the Local Community, which is well appreciated and welcomed by the Local Community. These collaborative initiatives do reflect the philanthropy approach of the Institution towards the local community and create a fabric of concern and commitment towards the welfare of the community.

The shared facility and space include:

1. Grounds,
2. Sports Facilities

The said shared facilities are well appreciated by the Local Community. (which include basketball, volleyball, cricket, shooting, table tennis, squash, billiards, soccer, chess, and carom, to name a few) offers infrastructure that caters for budding sports learners.

<https://manavrachna.edu.in/mru/life/sports>

List of Infrastructure and Related Facilities for Sports Activities (Both Indoor and Outdoor)

S. No.	Description	Measurement	Year of establishment
1	Indoor Sports Arena		2010
	Badminton court	13.40m Long, 6.10m Wide	2010
	Table tennis	2.74m Long, 1.52m Wide	2010
	Billiards & 3 Pool Tables	std. size	2010
	Boxing Ring	20 feet Long, 20 feet wide	2022
	Punching Bags (Three)		2022
	Indoor Gymnasium		2010
2	Four Shooting ranges		
	10 meters (Manual)	10m	2016
	10 meters (Digital)	10m	2016
	25 meters range (Digital)	25m	2016
	50 meters Shotgun Range	50m	2016
3	Basket Ball Court	28m X 15m	2012
4	Volley Ball Ground	18m Long, 9m Wide	2012
5	Cricket Ground with facility for day-night matches	74.29m Length, 67.5m Width	2011
6	Soccer Ground	80m Long, 50m Wide	2018
7	Outdoor Gymnasium		2013



Indoor Sports Arena

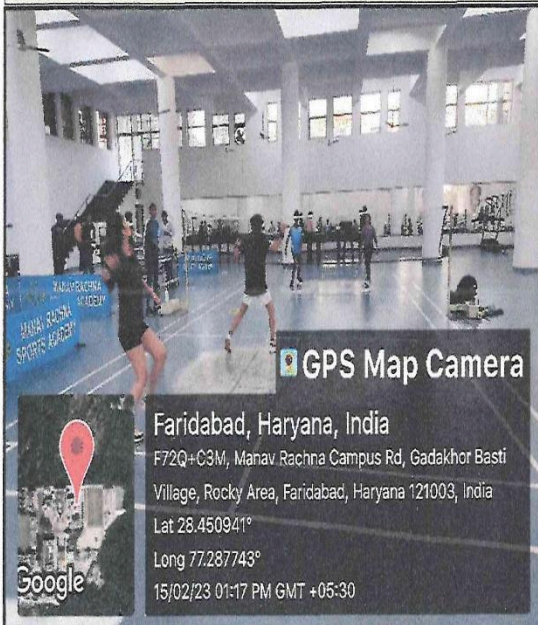
Manav Rachna has an [Indoor Sports Arena](#) covering an area of 7000 Square feet at Q block basement.

It has One Badminton Court, 6 T.T Tables, 4 Chess Stations, 4 Carrom Stations, 2 Billiards Tables and 1 Pool Table. This sports arena is open to all the Manav Rachna Students and Hostellers from 8.00 am to 8.00 pm.



**Geo-Tagged Photographs of Infrastructure and Related Facilities for Sports Activities
(Both Indoor and Outdoor)**

Indoor Sports arena



Badminton Court

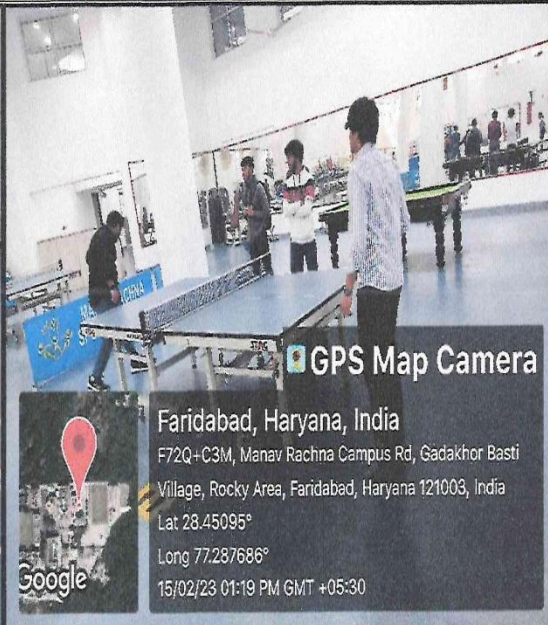
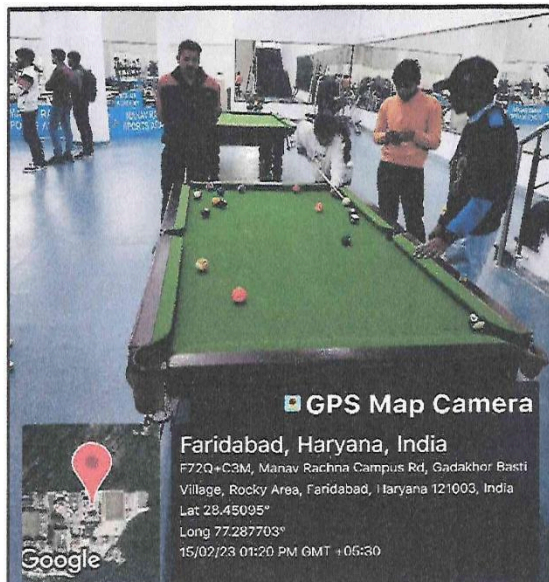


Table-Tennis

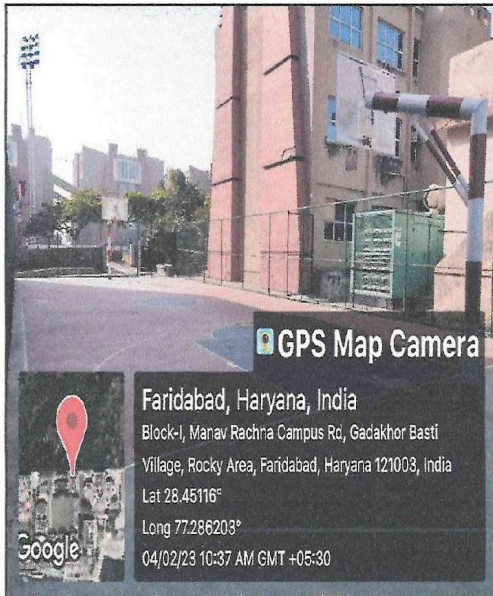


Billiards & 3 Pool

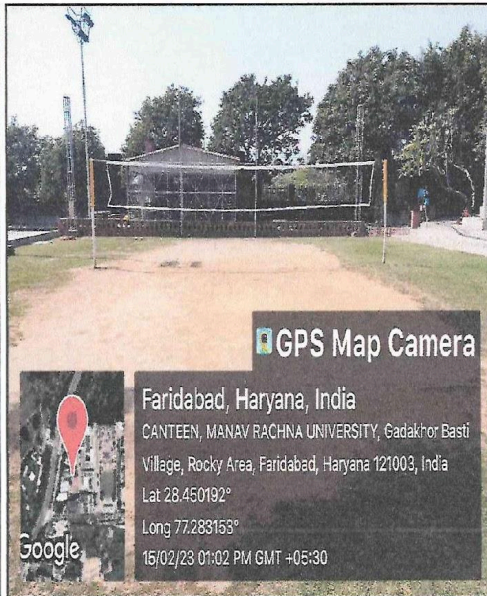


Boxing Ring

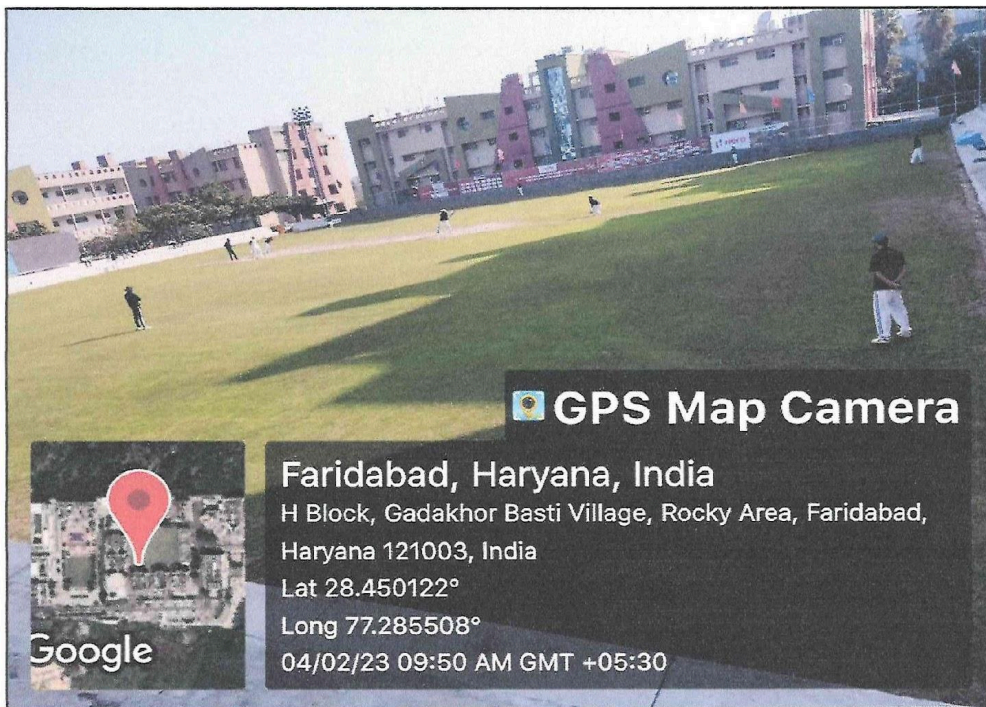




Basket Ball Court



Volley Ball Court

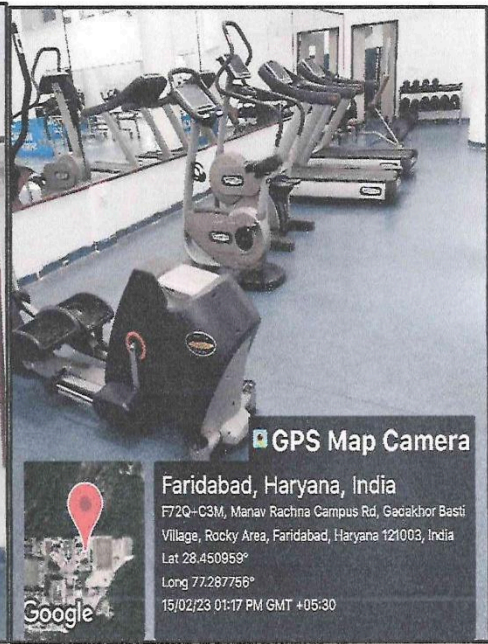


Cricket Ground



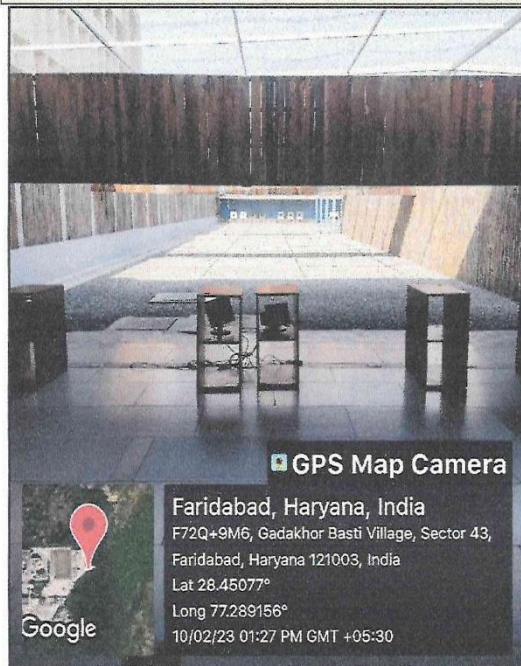


Punching Bags

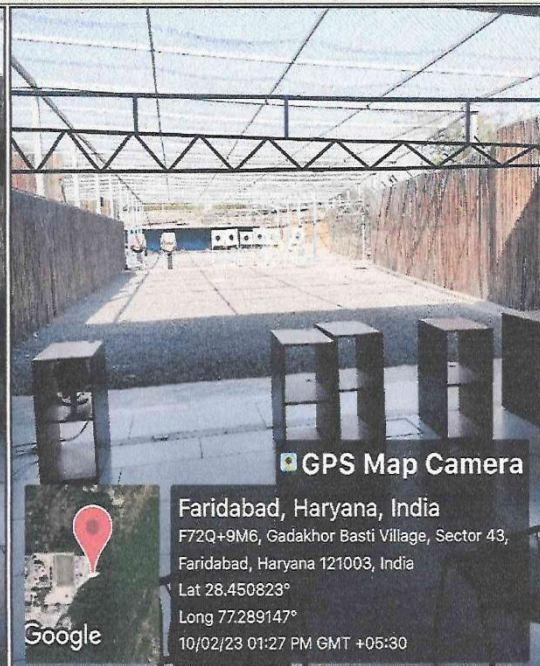


Indoor Gymnasium

Shooting Range

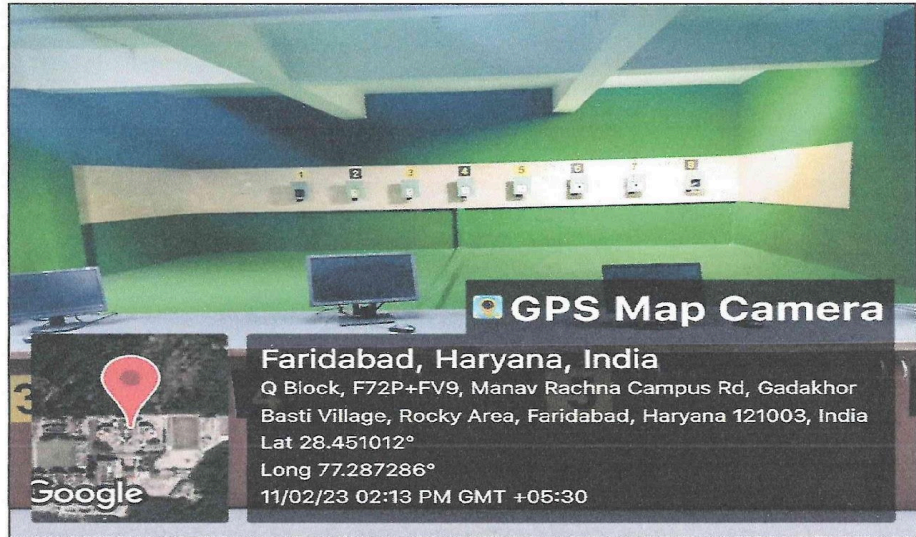


Shooting Range 50m

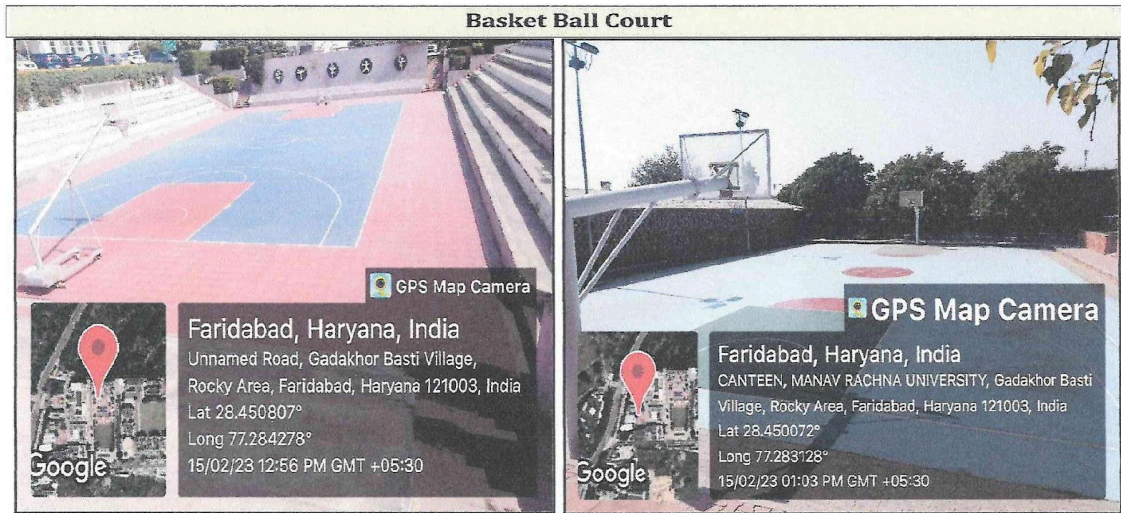


Shooting Range 25m





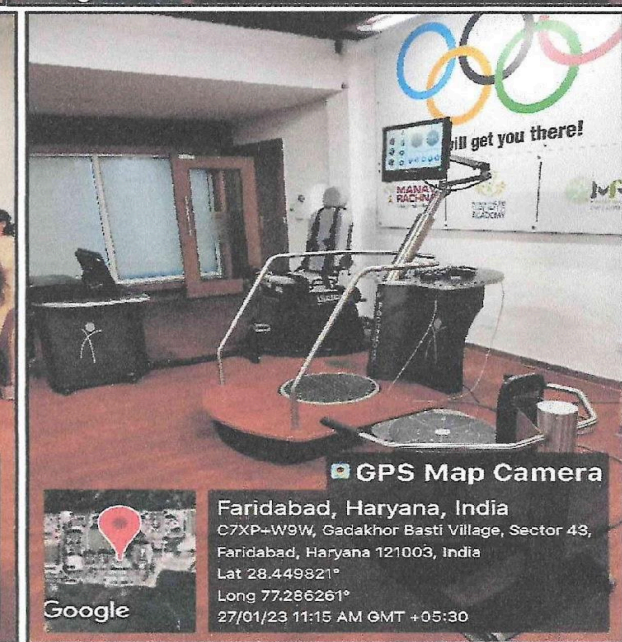
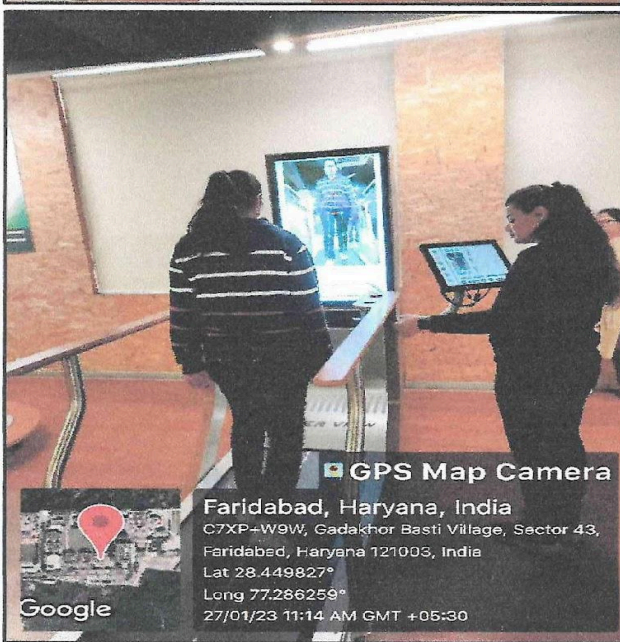
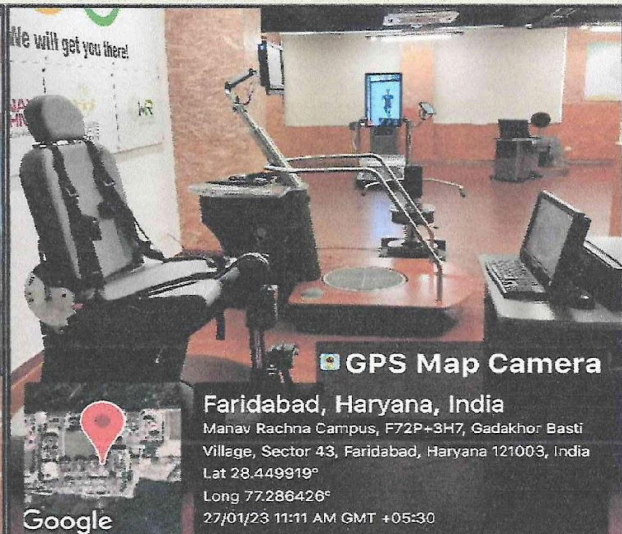
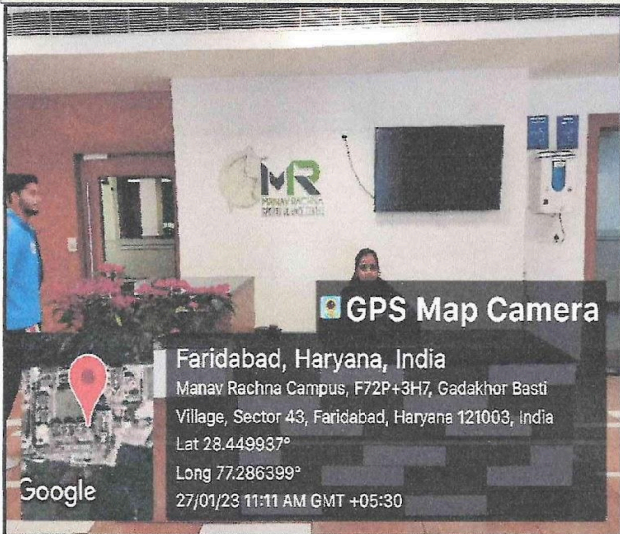
Shooting Range 10m



Basket Ball Court

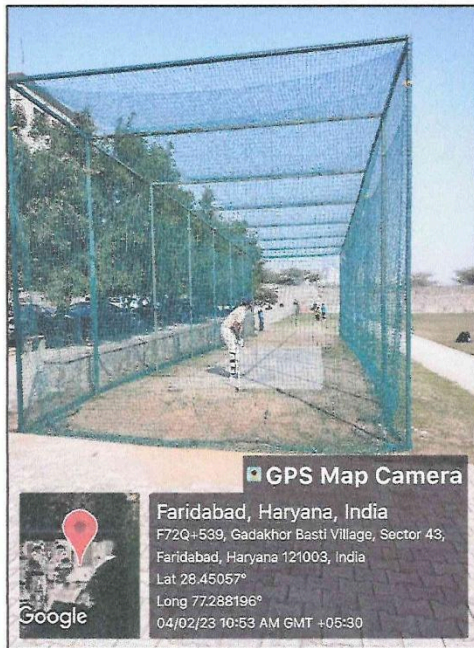


Geo-Tagged Photographs of Centre for Sport Science & Rehabilitation

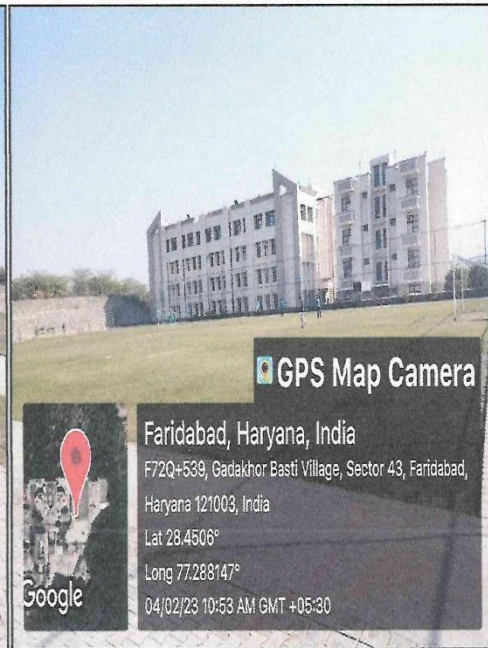


Manav Rachna Sport Science & Rehabilitation Centre



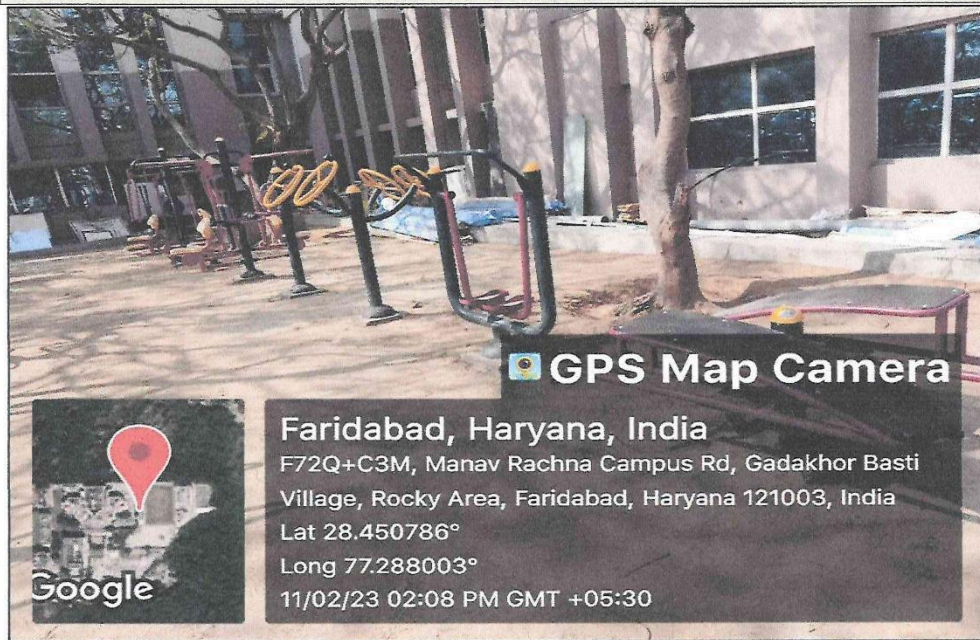


Cricket Practice Net



Soccer Ground

Outdoor Gymnasium



Outdoor Gymnasium



REPORT ON 17TH Manav Rachna Corporate Cricket Challenge Cup



Date: January 6, 2024

Venue: Manav Rachna University, Faridabad

Objective: To promote sportsmanship and the spirit of the game, and provide a platform to cricketing talents to show their skills

The grand conclusion of the [17th edition of the Manav Rachna Corporate Cricket Challenge Cup](#) saw BEN & GAWS emerging victorious in the final match against RJMT Engineering (Faridabad). The Closing Ceremony was graced by the esteemed presence of Mr. Vikas Matta, the Plant Head (Gurugram & Daruhera) of Hero Motocorp Gurugram's plant, as the Chief Guest.

Dr. Prashant Bhalla – President, MREI; Dr. Amit Bhalla, Vice President, MREI; Dr. NC Wadhwa, DG, MREI; Mr. Rajiv Kapoor, MD, MREI; Dr. Sanjay Srivastava – VC, MRIIRS; Mr. Sarkar Talwar – Director, Sports, MREI and other senior dignitaries from Manav Rachna were present during the final match.

BEN & GAWS won the toss and elected to bat first. BEN & GAWS scored 235 runs at the loss of 7 wickets in 16 overs. RJMT Engineering scored 143 runs at the loss of 10 wickets in 12 overs.

BEN & GAWS won the match with Mr. Pranjal from BEN & GAWS winning the title of 'Man of the Match', Mr. Maneesh Deshwal from TCS team was awarded as the Player of the tournament, and was awarded the brand new **Hero Xoom Scooter**. Mr. Sunil from RJMT Engineering became the Best Batsman of the Tournament; Mr Avinash Pratap from RJMT Engineering bagged the title of the 'Best Bowler of the Tournament'; and Mr. Navneet from BEN & GAWS was declared the 'Best Fielder of the Tournament'. Special prize was given to Mr. Rahul Kalra from TCS. Fair Play Trophy was awarded to Team Indian Oil (R&D).

Expressing his delight, **Dr Prashant Bhalla** said, "With this tournament, the vision of our Founder Visionary lives on, fostering camaraderie, teamwork, and healthy competition among participants, embodying the ethos of fair play and excellence in every match played."

Dr. Amit Bhalla expressed, "Dr. OP Bhalla initiated this tournament with a vision of fostering collaboration between educational institutions and industries on a unified platform. We are delighted that, together, we are fulfilling the aspirations of our founder with every accomplishment."

Mr. Vikas Matta emphasized that the Manav Rachna Cricket Challenge serves more than just a tournament; it acts as a catalyst for promoting teamwork. He expressed satisfaction in witnessing both teams display remarkable sportsmanship and mutual encouragement throughout the match.

Dr. Sanjay Srivastava said, "Participating in such tournaments provides corporate individuals with a valuable opportunity to relax and rejuvenate, while also offering a platform for mutual skill development both amongst themselves and on the cricket field."

Mr. Sarkar Talwar highlighted the longstanding commitment of Manav Rachna in promoting both sports and education in tandem. He said, "Such endeavors are only achievable through the collective inspiration of everyone within the institute and the collaborative support of industries."

24 leading corporate teams from Delhi-NCR competed for the cup viz. Maruti Suzuki India Ltd (Gurugram), JCB India Ltd (Ballabgarh), Tata Consultancy Service (Noida), Hero Motocorp India Ltd (Gurugram), Honda Motorcycle & Scooter India Ltd (Gurugram), Wave

Infratech (Noida), SEC – RJMT Engineering (Faridabad), Sarvodaya Hospital (Faridabad), Knorr-Bremse (Palwal), Action Construction Equipment Ltd (Faridabad), Accord Hospital (Greater Faridabad), Media XI (Delhi), Manav Rachna Educational Institutions (Faridabad), NHAI (Delhi), Aaj Tak (Delhi), Indian Oil R&D (Faridabad), Sony India Ltd (Delhi), Jagran Group (Noida), BEN & GAWS (Delhi), Adidas, (Gurugram), Manitou Equipment India Ltd. (Noida), Pinelab Pvt. Ltd. (Gurugram), REPL Group (New Delhi) and Suzuki Motorcycle (Gurugram).

A total of 47 matches were played amongst the participants every weekend starting from January.

Date: 5 January 2024

NOTICE

Manav Rachna University is organizing its annual [Sports Week](#) from **9th to 12th January 2024**, aiming to promote physical fitness, teamwork, and sportsmanship among students. Hosted by the university, the event features a wide range of activities including volleyball, basketball, football, badminton, table tennis, cricket, track races, a mini marathon, and fun games like the Lemon Spoon Race and Tug of War. All students are encouraged to participate and embrace the spirit of healthy competition and camaraderie.

Name of Event: Sports Week

Date: January 9, 2024 to January 12, 2024

Venue: Cricket Ground, Manav Rachna University

REPORT

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Date: January 9, 2024 to January 12, 2024

Venue: Cricket Ground, Manav Rachna University

Manav Rachna University proudly hosted its annual Sports Week from 9th to 12th January 2024, reaffirming its commitment to the holistic development and well-being of students. This vibrant event provided a dynamic platform for students to showcase their athletic skills, ignite their competitive spirit, and foster lasting bonds of camaraderie. More than just a series of competitions, Sports Week celebrated discipline, teamwork, fitness, and personal growth.

The week kicked off with high-energy matches in volleyball, basketball, and football, setting the tone for the days ahead. Intense rallies, skillful dribbling, and strategic play kept the excitement alive. The momentum continued with badminton, table tennis, and cricket—each match demonstrating focus, coordination, and sportsmanship. Beyond the thrill of competition, Sports Week highlighted the physical, mental, and social benefits of sports. Participation fostered resilience, leadership, and time management, helping students grow both personally and academically. The event also encouraged community building and new friendships across departments.

Day three featured a spirited Mini Marathon, followed by the 100-meter dash, relay races, and the fun-filled Lemon Spoon Race. Tug of War competitions brought the day to an exciting close, showcasing teamwork and determination. The closing ceremony recognized winners with trophies, medals, and certificates, celebrating their achievements and sportsmanship. A Sports Workshop followed, offering valuable insights into nutrition, injury prevention, strategic gameplay, and potential career paths in the sports industry. The session emphasized the role of sports in personal development and well-being. Sports Week 2024 concluded on a high note, leaving students inspired and united through shared experiences. The event stood as a testament to the university's commitment to promoting fitness, teamwork, and the transformative power of sports.

GLIMPSE OF THE EVENT:





WINNERS:

Volleyball Women: Mansi Gusain, Poonam

Volleyball Men: Nikhil, Navneet, Mridul, Ayush and Manas

Football Men: Jatin Dhiman

Basketball Women: Vaishali Garg, Katherine Prasad

Basketball Men: Naman Verma, Ujjwal Sharma

Badminton Men: Aryan Malik

Badminton Women: Ananya Pandit

Table Tennis Men:

Table Tennis Women: Aarushi Sharma

Tug of War Women: Team headed by Shruti Kumari

Tug of War Men: Team headed by Manis Tyagi