

3.3.2 Health Outreach Programmes

S. No.	Description	Total Events
1.	Overview on Health Outreach Programmes	
2.	<p>MRU initiatives towards Health outreach programmes: Deliver outreach programmes and projects in the local community (which can include student volunteering programmes) to improve or promote health and well-being including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and well-being related topics. This can also include outreach programmes to displaced or refugee communities local to the institution.</p>	63 events
	Local communities	11 events
	Disadvantaged people	8 events
	Research project, lecture, patents and publications contributing to above Health Outreach program	62 documents

Overview on Health Outreach Programmes

A Health Outreach Program in the context of Sustainable Development Goal 3 (SDG 3) is a community-focused initiative designed to promote health and well-being by providing essential health services, education, and resources to underserved or hard-to-reach populations. The primary aim of the outreach programmes are to improve access to health services, promote the health and wellbeing in the community, spreading awareness regarding communicable and non-communicable diseases, prevention and control strategies and treatments. Here the target population are underserved or marginalized communities, Vulnerable age groups like elderly people, pregnant women, Youth and adolescents.

Such outreach programmes improve health outcomes, empower communities and progress towards achieving goals of SDG 3. Thus, Health outreach programs are a critical component of global health strategies, playing a key role in achieving SDG 3 by bringing health services and education directly to those who need them most.

This report gives comprehensive information on the contribution of Manav Rachna University Health outreach programmes and its commitment towards sustainable development goals. This report provides an in-depth analysis of the Health Outreach Program as a strategic initiative to advance SDG 3.

MRU INITIATIVES TOWARDS HEALTH OUTREACH

In practice, the university conducts many health awareness, outreach programmes and projects, for the neighbourhood communities.

- To improve the health, wellbeing, nutritional status, family planning and safety, aging related changes, and mental health awareness, our faculties and students of MRU organized and published several *research articles, book chapters, patents and projects*.
- Manav Rachna Centre For Peace And Sustainability (MRCPS) organized several sessions based on the improvement of health awareness of students and nearby adopted villages.
- The details of the recent activities organized by MRU and its ISR member [Dr. O. P. Bhalla Foundation](#) has been provided along with the pictures. Through measures including health education, case management, basic health screening, and enabling access to services, health outreach programmes play a crucial role in enhancing and expanding the reach of health care. Individual and community health may benefit from these actions in both direct and indirect ways. Few awareness programmes on health issues including **well-being, stress management and creating awareness about usage of sanitary napkins by girls and distributing the same in rural areas** etc. are conducted on a regular basis both within and outside the precincts of the university. **Blood Donation Camps** have been a regular feature since 2014, with around 1356 units of blood collected during the year 2023. This brings to **total 10,435 units** of blood donated since 2014 by the Manav Rachana family.
- Department of Social Welfare has also organized several event to meet the goals of SDG 3.0

Event organized by Manav Rachna Centre for Peace and Sustainability during July 2023- June, 2024:

EVENT REPORTS

1. The **Youth for Peace Online Workshop** was successfully conducted on **July 6, 2023**. The event was hosted virtually on **Google Meet**, allowing for easy access and participation. A total of **37 participants** joined the session, representing a strong interest in the topic. The workshop focused on strategies for promoting peace and dialogue among young people. Overall, the virtual format facilitated a dynamic and engaging learning environment.
2. On July 14, 2023, the Manav Rachna Centre for Peace and Sustainability orchestrated a captivating event, setting up individual stalls to welcome and enlighten first-time visitors while fostering community engagement. The event aimed to welcome and educate first-time visitors, foster community engagement, and showcase the Manav Rachna Centre for Peace and Sustainability commitment to sustainable development and mindfulness through creatively decorated stalls and interactive activities.



Stall at orientation ceremony for freshers. Freshers interacting and clicking photographs with selfie stands.

3. On the 17th of July, 2023, a remarkable collaboration unfolded between the Dr. OP Bhalla Foundation and the Centre for Peace and Sustainability, culminating in a spectacular plantation drive at Sector 45, Faridabad. This eco-centric initiative took root just outside the newly inaugurated Off Campus Hostel, as volunteers from the Foundation, the MRCPS, and passionate students from DSW-MRIIRS and MRU converged to create a vibrant Green Belt in the heart of the community. The aim of the collaborative plantation drive at Sector 45, Faridabad, was to foster a greener, sustainable tomorrow by uniting volunteers from the Dr. OP Bhalla Foundation, MRCPS, and students from DSW-MRIIRS and MRU in creating a vibrant Green Belt.



Planting saplings

4. On Aug 9, 2023 Presented by the Manav Rachna Centre for Peace and Sustainability, and DSW the event titled "Handmade Paper" unfolded on August 9, 2023, at JF08, marking a significant stride in the institution's dedication to promoting sustainability and eco-consciousness. Approximately 46 students participated in this engaging initiative, showcasing their skill in transforming discarded paper into exquisite handmade sheets adorned with a vibrant and diverse color palette. The aim of the "Handmade Paper" event by the Manav Rachna Centre for Peace and Sustainability was to promote sustainability and eco-consciousness by empowering students to creatively repurpose discarded paper into exquisite handmade sheets.



5. On Sept 27, 2023, the Manav Rachna Centre for Peace and Sustainability and DSW hosted an interactive workshop focused on hand-based flyer design, a creative endeavor led by Ms. Avni Bhatia. The workshop drew the participation of both enthusiastic freshers and members of the creative team, creating a diverse and engaging learning environment. Ms. Bhatia's expertise shone as she delved into essential design principles, color theory, and typography, providing participants with a solid foundation for practical application. The aim of the Manav Rachna Centre for Peace and Sustainability workshop on hand-based flyer design was to cultivate creativity and practical design skills among participants, fostering an environment of innovative expression and collaborative learning.



6. From August 10th to 13th, 2023, the Manav Rachna Centre for Peace and Sustainability (MRCPS) orchestrated a noteworthy event titled "SustainiVerse: Reel Making Competition for fostering Peace & Sustainability." This unique competition, held with the theme "Peace & Sustainability," provided a creative platform for individuals to use short video reels as a medium to promote eco-consciousness, global peace, and unity. The aim of the "SustainiVerse: Reel Making Competition for fostering Peace & Sustainability" by the Manav Rachna Centre for Peace and Sustainability was to inspire creative expression, raise awareness, and promote positive action for global peace and eco-consciousness through impactful short video reels.

- The Manav Rachna Centre for Peace and Sustainability hosted an invigorating Zumba session headlined by the esteemed Guest Trainer Gauran ji on August 17, 2023. Enthusiastic participants from the community converged at the G block auditorium to partake in this lively and dynamic event, immersing themselves in the seamless fusion of dance and fitness. The aim of the Zumba session at the Manav Rachna Centre for Peace and Sustainability was to promote holistic well-being, fitness, and a health-conscious lifestyle among participants, fostering a sense of unity and emphasizing the center's commitment to peace and sustainability.



Students learning and performing zumba

- The volunteer-ship of the MRCPS played a pivotal role in advancing the cause of public health and contributing to the fulfillment of Sustainable Development Goal 3 (SDG 3) - "Good Health and Well-being." on Sept 14, 2023 in In front of G block, Manav Rachna University with 19 volunteers. Through their dedicated efforts, MRCPS volunteers actively participated in initiatives that aligned with SDG 3, aiming to ensure healthy lives and promote well-being for all. The aim of the MRCPS volunteership, showcased in the blood donation awareness camp, is to actively contribute to the fulfillment of Sustainable Development Goal 3 (SDG 3) - "Good Health and Well-being" by promoting education, advocacy, and community engagement for voluntary blood donation, thus fostering a healthier and more sustainable future.



- On September 15, 2023, the commemorative stall was organized by MRCP Society Volunteers, in conjunction with NGO partners, students, and Chief Minister Sh. Krishnopal Gurjar, proved to be a resounding success. Held on the remembrance anniversary of Dr. OP Bhalla, the event celebrated his enduring legacy by providing a dynamic platform for NGOs to showcase their impactful initiatives, students to display innovative projects, and the community to engage with meaningful causes. MRCPS aims to catalyze positive change for sustainability by merging art and activism by practicing presentations at stalls on various occasions.



- On September 21, 2023, at 2 pm, the Manav Rachna Centre for Peace and Sustainability hosted a compelling training session marked as JF05, focusing on Model United Nations (MUN) as a platform for debate. The primary theme addressed was "Peace and Conflict Management," aligning with the center's commitment to fostering understanding and solutions in these crucial areas.

11. On October 12, 2023, Manav Rachna Centre for Peace and Sustainability's 'Project Khushi Visit-Spreading smiles' stands out as a dedicated effort to contribute towards achieving United Nations Sustainable Development Goal 3 (SDG 3) – Good Health and Well-being. The Sadbhav team, in organizing heartening interactions at Pacific Mall, prioritized mental health discussions, thereby promoting a holistic approach to well-being. By addressing mental health concerns openly and spreading joy through smiles and hugs, the initiative actively supports the overarching goal of ensuring healthy lives and well-being for individuals within the community. The primary aim of 'Project Khushi' by Manav Rachna Centre for Peace and Sustainability is to promote mental well-being and happiness, aligning with the United Nations Sustainable Development Goal 3 – Good Health and Well-being.



Students interacting with random people, asking about their mental health as a helper and spreading happiness.

12. On October 19, 2023, Manav Rachna Centre for Peace and Sustainability's 'Scavenger Hunt-Exploring biodiversity in university campus while playing games' stands out as a dedicated effort to contribute towards achieving United Nations Sustainable Development Goal 3 (SDG 3) – Good Health and Well-being. The team, in organizing heartening interactions with students at MRU for Exploring biodiversity in university campus while playing games. Through this initiative, Manav Rachna Centre for Peace and Sustainability showcases the transformative power of community-driven actions in addressing specific Sustainable Development Goals, paving the way for a healthier and more connected world.

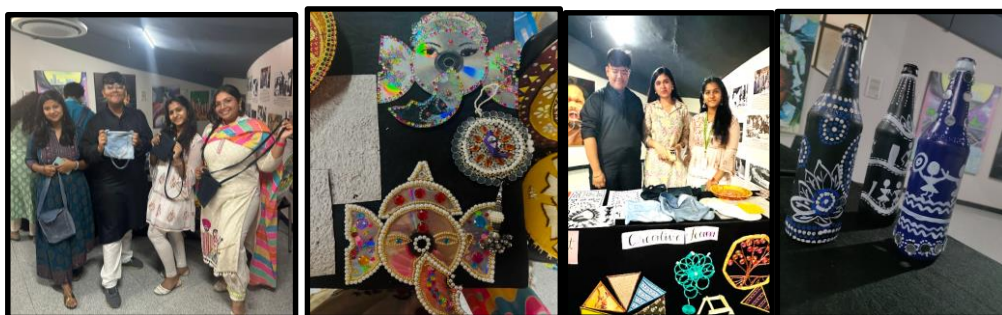


Students assembling for games

13. On October 20, volunteers from Manav Rachna Centre for Peace and Sustainability (MRCPS) orchestrated an impactful visit to Angels Public School in New Delhi as part of their "Education for Sustainability" (ESDP) project. The primary objective was to impart valuable insights about sustainability to the students, fostering a sense of environmental consciousness and responsibility. The volunteers engaged the students in a series of interactive activities designed to enhance their understanding of sustainable practices.



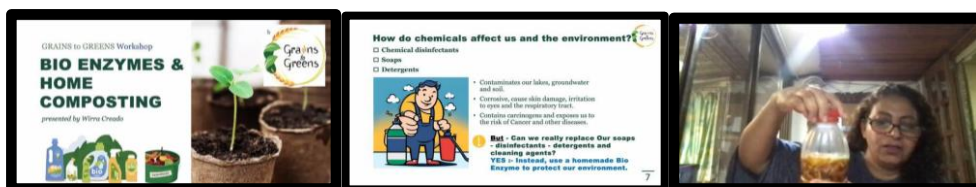
14. On November 2, 2023, the "KALAKRITI Art Exhibition of MRCPS," held on November 2, 2023, was a resounding testament to the artistic brilliance thriving within the Manav Rachna Centre for Peace and Sustainability (MRCPS). Organized in collaboration with Felicia, the exhibition transcended traditional artistic boundaries, showcasing a diverse range of masterpieces that left the audience captivated. The event not only celebrated various art forms, from paintings to sculptures, but it also underscored the vibrant artistic community that flourishes within MRCPS. The overarching theme, "Harmony Through Art: A Sustainable Vision," provided a unifying thread throughout the exhibition. The goal was to promote unity, environmental consciousness, and a sustainable future.



15. On November 23, 2023, the Manav Rachna Centre for Peace and Sustainability recently conducted a commendable donation drive "Donation drive: Collection of books and clothes" aimed at fostering a spirit of generosity and social responsibility among the student community. The organization orchestrated a campaign encouraging students to contribute books and clothes, with the noble objective of distributing these items to the less fortunate members of society.



16. On Nov 25, 2023, the Manav Rachna Centre for Peace and Sustainability webinar aims to empower individuals with the knowledge and skills to cultivate micro-greens at home, promoting sustainable living and healthy dietary practices. About 60 students participated in the event in online mode.

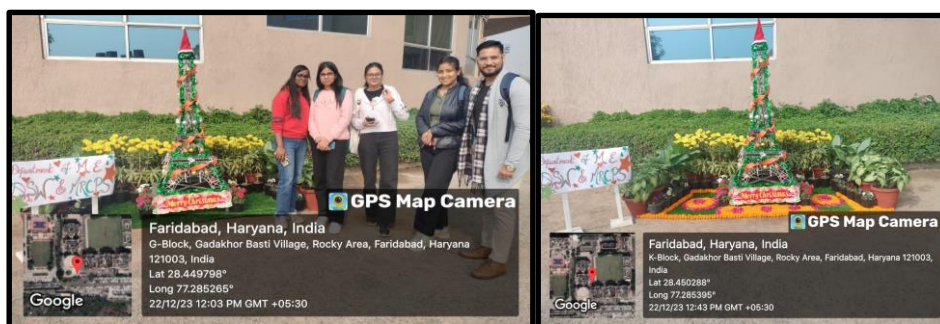


Expert explaining while creating microgreens & students asking questions

- On December 13, 2023, Ms. Manleen Kaur, a distinguished expert in the realm of Prevention of Sexual Harassment (POSH), recently conducted an enlightening session on the subject for faculty and staff members. With a rich background as a POSH specialist, legal educator, and former Assistant Registrar at the Supreme Court of India, Kaur brought a wealth of knowledge and practical insights to the discussion. The aim of the session conducted by Manleen Kaur, a POSH specialist, was to empower faculty and staff with comprehensive knowledge and practical insights on preventing and addressing sexual harassment, fostering a safer and more respectful work environment.



- On December 22, 2023, in a unique and eco-conscious celebration of Christmas, Manav Rachna University went beyond traditional festivities and embraced sustainability. The Department of Mechanical Engineering at Manav Rachna University took a pioneering step by crafting a Christmas tree made entirely of iron material, showcasing their commitment to environmental consciousness. This sustainable model, a collaborative effort of the university's mechanical engineering department and the Manav Rachna Centre for Peace and Sustainability, became a symbol of innovative and green celebrations.



- From January 4-6, 2024, In L block Swami Vivekanand Library, Manav Rachna University, Manav Rachna Centre for Peace and Sustainability embraced the new year by initiating the "Journey Within" meditation workshop, a transformative program aimed at promoting self-discovery and holistic well-being. The workshop spanned three consecutive days, providing an exclusive experience under the guidance of certified meditation trainers from Heartfulness Foundation, with a focus on practical training to foster a direct connection with meditation. Each session, lasting approximately 40 minutes, emphasized immersive meditation practices, offering participants an opportunity to explore heartfulness and rejuvenation without traditional lecture-style instruction. The aim of Manav Rachna University's sustainable meditation workshop is to grow and nurture a heartfulness campus in Manav Rachna University. MRCPS is aiming to achieve SDG 3 & SDG 16 in all. This workshop is specifically designed for university faculties and staff members.



20. On January 11, 2024, in I Block Auditorium, Manav Rachna University, the session on Peace and Values session titled, "Transformative Wellness Workshop: Cultivating a Healthy Self Through Positive Affirmations" unfolded with a captivating blend of knowledge and interactive activities, leaving a profound impact on participants. Ritika's warm welcome set the stage for an enlightening journey guided by guest of honour Dr Binny Sareen, a Peace Ambassador and Chairperson of Values for Women Economic Forum All India. Esteemed guests, including Dean Academics Shruti Ma'am, Dean Student Welfare MRU Geeta Ma'am, Dean Student Welfare MRIIRS Gurjeet ma'am Director IQAC Deepa ma'am shared valuable insights, contributing to the event's depth. The symbolic gesture of presenting a sapling to Dr. Binny Sareen expressed gratitude for her efforts in promoting holistic wellness. . The aim of the "Transformative Wellness Workshop" is to empower individuals with practical tools, knowledge, and positive affirmations, fostering a community committed to holistic well-being and personal development.



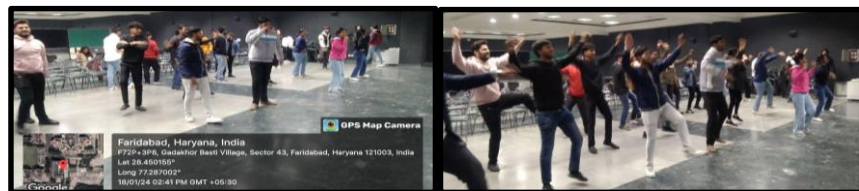
21. On January 18, 2024, , Manav Rachna Centre for Peace and Sustainability recently organized a visit to Anangpur Village MSC School as part of their Education for Sustainability Program (ESDP). Dr. Pooja led an insightful session for the students, focusing on sustainable development principles. As part of this initiative, sustainably made notebooks were distributed, emphasizing the importance of eco-friendly practices in everyday life. The session aimed to instill a sense of responsibility for the environment among the students, promoting a holistic understanding of sustainability. The aim of the visit to Anangpur Village MSC School by Manav Rachna Centre for Peace and Sustainability was to sensitize students to POCSO awareness and instill a sense of responsibility for sustainable development from an early age. Student heads Diya and Ipshita efficiently coordinated the event, ensuring its smooth execution.



22. On January 18, 2024, Manav Rachna Centre for Peace and Sustainability recently organized a visit to Anangpur Village MSC School as part of their POCSO Awareness Dr. Sumbul conducted a crucial session for the "Kuch Kehna Hai" project, addressing the sensitive issues of good touch, bad touch, and POCSO awareness. Student heads Diya and Ipshita efficiently coordinated the event, ensuring its smooth execution. The enthusiastic participation of the school students reflected their engagement and receptiveness to the crucial information shared during the sessions. The aim of the visit to Anangpur Village MSC School by Manav Rachna Centre for Peace and Sustainability was to sensitize students to POCSO awareness and instill a sense of responsibility for sustainable development from an early age.



23. On January 18, 2024, the event “Zumba session” was aimed at bringing together fitness enthusiasts and dance lovers to groove their way to a healthier lifestyle. The dynamic licensed Zumba trainer, Rahul Sabharwal and Shruti Kumari, led the session and ensured that everyone had a blast while getting their heart rates up. MRCPS is aiming to achieve SDG 3 & SDG 16. Moreover, SDG 3 - Good Health and Well-being, was prominently addressed through the energetic Zumba session, fostering a positive impact on both peace, justice, and strong institutions, as well as good health and well-being.



24. On January 24- 25, 2024, at Swami Vivekananda Library and G Block Mandala, Manav Rachna University the event, titled, the *Magic of Meditation* offered a serene retreat from the hustle and bustle of daily life. Through a combination of soulful musical sessions and expert-led meditation practices, participants were invited to embark on a journey of self-exploration and inner harmony. Dr. Geeta, with her profound knowledge and gentle guidance, introduced attendees to the concept of Heartfulness meditation, setting the stage for a transformative experience. Participants were immersed in 45-minute sessions, where they were encouraged to connect with their inner selves and cultivate a sense of peace and serenity.



25. On February 1, 2024, Manav Rachna Centre for Peace and Sustainability organized a visit to Anangpur Village MSC School as part of their Education for Sustainability Development Program (ESDP). The aim of the visit to Anangpur Village MSC School by Manav Rachna Centre for Peace and Sustainability was to instill a sense of responsibility for sustainable development from an early age.



26. On the 8th of February, 2023, volunteers from Manav Rachna's Centre for Peace and Sustainability (MRCPS), Vertical Sadbhav, embarked on a noble journey to Shree Narayan Gaushala for a day of service and harmony. The visit aimed to provide care and kindness to the gentle creatures residing in the Gaushala. The primary objective was to extend support and compassion to the cows by providing them with nutritious fodder, promoting their welfare and well-being. Additionally, the visit aimed to raise awareness among participants about the importance of animal welfare and the compassionate

treatment of all living beings, while also fostering community engagement by providing volunteers with an opportunity to interact with the local community, caretakers, and the cows themselves.



27. On February 21, 2024, 'AI for Inclusion in Learning Languages', held on February 21, 2024, at the Dr. Ambedkar International Centre in New Delhi, commemorated International Mother Tongue day. Organized collaboratively by UNESCO MGIEP and BHASHINI, the event aimed to explore the intersection of artificial intelligence and language learning, with a focus on promoting inclusivity and accessibility.



Events as outreach Project and Skill development Health Awareness Camps organized by Dr. OP Bhalla foundation and MRU:

Dr. OP Bhalla Foundation

July 2023

1. 1 July - 13 Students from MRIIRS and MRU joined Foundation for a month-long Social Internship Program. These Students actively engaged in community outreach activities and successfully completed their Internships.
2. 2 July - 15 July - Foundation Interns visited various departments on MR Campus to spread awareness about waste segregation and motivate the Staff and Faculty to take part in the Plastic Collection Drive being run by the Foundation.



3. 4 July - 27th Special Scholarship Meeting was held where the Special Scholarships Committee comprising of Dr. NC Wadhwa, Brig. Anand, Sh. Sarkar Talwar, Ms. Sanyogita Sharma and Ms Sanya Bhalla recommended 15 candidates out of 21 applications for the Scholarships.
4. 4 July - Dr. NC Wadhwa and Foundation Team participated in the Radio Marathon organised by Radio Manav Rachna in an attempt to create a record in the Asia Book of Records. The themes of the Marathon were the UN SDGs. Dr. Wadhwa was the first Guest to open the marathon and he elaborated on UNs vision on the SDGs. Dr. Vaishali and Ms. Anubha from Team Foundation highlighted the various initiatives undertaken by the Foundation covering the UN SDGs.



5. 6 July - A Cleanliness Drive was organised at the Old Faridabad Railway Station in which Students and Faculty Members from MR Campus actively participated in cleaning and also motivating people not to litter.
6. 8 July - Student Interns have been teaching Mathematics and Spoken English at the Rescue Home for Boys, Faridabad during the summer break. After a month of classes, a test was conducted in the subject of Mathematics to gauge the progress of the Students. The test was prepared by Ms. Pooja Khurana, who also conducted the assessment. The Students showed improvements from the first assessment done.



7. 11 July-12 July - Annual Plant Distribution Drive was conducted, where indigenous plants were donated to Save Aravali Trust and Eco Club, Faridabad which have further been planted across Faridabad.
8. 12 July - The Annual Review of the Foundation was held under the Chairmanship of Madam Satya Bhalla Ji. Dr. Prashant Bhalla President-MREI, Dr. Amit Bhalla-VP,MREI, VC-MRU and DSWs - MRIIRS and MRU were present along with Team Foundation led by Dr. NC Wadhwa. Action taken on previous suggestions were shared along with the activities undertaken in the past year. The suggestions and guidance received would be incorporated in the Plan of Action for the coming year. The minutes have been circulated amongst all the members.
9. The Foundation Team has been actively involved in assisting Ms. Sanya Bhalla to develop a new opportunity for the Students on the campus to earn while they learn - MRIMPACT - Manav Rachna Internship for Meaningful Impact. The Foundation Team has played the role as an advisory team in the designing of the plan providing various inputs.
10. 14 July - Dr. NC Wadhwa and Ms. Ritika Singh addressed the new batches of MRU Students about the Foundation and its various initiatives to motivate the Students to join the noble cause. A special stall was also organised by the Foundation to display the initiatives and take registrations of the students as Volunteers.



11. 15 July - 28th Special Scholarship Meeting was held where the Special Scholarships Committee comprising of Dr. NC Wadhwa, Brig. Anand, Sh. Sarkar Talwar, and Ms. Sanyogita Sharma recommended 34 candidates out of 45 applications for the Scholarships.
12. 21 July - Dr. OP Bhalla Foundation facilitated the event with Swami Vivekanand Library, Manav Rachna University, a remarkable Workshop on Sugamya Pustakalaya at the National Institute of Blind, NIT, Faridabad. The workshop aimed to provide visually impaired students with essential skills to navigate the online resources effectively. Seventeen visually impaired students participated in the workshop. Witnessing the students' determination and quick adaptability to the platform was nothing short of astonishing. The workshop not only empowered these bright minds but also shed light on the importance of accessible resources for visually impaired individuals.



13. 23 July - Dr. O P Bhalla Foundation and United Springfields Welfare Association organised Sustainable Sunday under Green Ghar Initiative in which our Volunteers sensitised residents of Springfield about the importance of Waste Segregation and Plastic Recycling. We promoted our G2 Initiative and motivated youngsters about Environmental Conservation via. Green Pledge and Drawing Competition sponsored by Kotak. Workshops were also organised on recycling of plastic bottles to planters and learning the art of calligraphy. Around 100 residents joined the event. The RWA would now regularly collect plastic waste from the residents and hand it over to Dr OP Bhalla Foundation for getting it recycled into benches and other useful activities.



14. 24 July - Two consecutive meetings were held with School Principals and University Administrators to discuss the Plan of Action to motivate and enroll interested Students for the Samkalp Vedic IAS Academy Program. The Principals joined online and have decided to reach out to interested Students data, which will be provided by the CDC. University Administrators - Registrar, Dean Academics and DSWs from MRIIRS and MRU decided that the Dean Academics from both Universities will take the program forward supported by the DSWs.
15. 26 July - Foundation sent a request to MREI Fraternity to come forward and donate for the victims affected by the Yamuna Floods. Donation were received from MRIS-21C, MRIS Sec-51 GGN, MRIS-14, Mr.Gagan Wadhwa, DGM - Admissions and Sh Sabyasachi Sen, GM - IT. The collections received for the Flood Victims were donated to the needy near Akshardham, Mayur Vihar and Sarai kale khan today in association with SHEOWS. These people have been rescued from the flood affected areas and are staying in temporary arrangements.



16. 31 July - Dr O P Bhalla Foundation conducted the first Plastic Collection Drive for the MR Fraternity. The drive was conducted at 3 locations within the campus. The Staff were to segregate the waste at their homes and donate it for recycling. We would like to especially mention MRIS, CW for sending out a huge collection of plastics. This drive would be conducted on a monthly basis. Benches would be

made by recycling this plastic which will be placed at various locations.



Faridabad Education Council

July, 2023

1. Govt School Students from Ankhir, from Classes 9-10th, visiting the campus for Kaushal IT Classes were given a live demonstration on how to use the Teacher On Call Service and registered under the Program. They are being motivated regularly to make calls and also encourage their younger siblings to avail the services.

Calls Received in July - 224

- Calls have reduced due to the ongoing first term exams.
 - Highest Calls received in Subjects - English followed by Maths and then Science.
 - Maximum calls recorded by Class 7 Students.
3. Dr. Wadhwa took a review meeting with Team FEC and Student Volunteers from Manav Rachna and provided guidance to reach out to the Students telephonically to motivate them to make calls under TOC.
 4. Manav Rachna Student Volunteers and UPES, Dehradun Interns under Dr. OP Bhalla Foundation are making calls to our regular Student Callers to motivate them to call under the program.
 5. The School visits were limited in the month of July due to ongoing exams and the outbreak of eye flu.
 6. Team FEC has been charting out plans to implement Career Guidance Workshops through a psychometric analysis in the Govt Schools. The pilot programs were very well received and we wish to take it up in other Govt Schools as well. This will be discussed at the scheduled FEC Meeting of Trustees.

Dr. OP Bhalla Foundation

September 2023

1. 1st September - Foundation has collaborated with Greenobin Recycling Pvt Ltd to collect waste paper and cardboard from the campus and recycle them into notebooks and printing sheets. **310kgs** of waste paper was collected from B Block under the supervision of Team Foundation.



2. 1st September - Foundation team visited the Rescue Home for boys in Tikona Park along with Ms. Chadna Kapoor, Music Teacher, MRIS-CW to shortlist Students to perform Bhajans on September 16th Program.



3. 2nd September - Student Volunteers of Dr. OP Bhalla Foundation got the opportunity to visit All Creatures Great and Small, an Animal Sanctuary which lies in the rural outskirts of Dhauj, Haryana. 12 years ago, Ms. Anjali Gopalan started this NGO to promote Animal Rights. 18 Student Volunteers witnessed the huge Sanctuary which caters to a large number of injured, sick, blind and abandoned dogs, cats, cows and goats rescued from roads. The facility also caters to donkeys, horses, sheep, pigs, ducks, rabbits and different types of birds like parrots, eagles and even Enu



4. 2nd September - Kaushal IT Class was held for the Students of GSSS Ankhir where the final class was wrapped on MS Word. They also practised typing and have reached from beginner to intermediate levels.
5. 2nd September - MRIS Students who had participated in the Social Internship Program of the

Foundation and worked on the project Green Grah got the opportunity to do an interview in Radio Manav Rachna where they talked about their project, its ideation, conceptualisation, and implementation.



6. 2nd September - The third meeting was held regarding the Blood Donation Camps to be held on 15th and 16th September, 2023. MREI senior management, Faculty Members and various Rotary Club Members were present and it was decided to conduct Haemoglobin Screening for all Students on 11-12 September and provide nutritional counselling to Students with low levels. Roles and responsibilities with dedicated stations were assigned. It was also decided that stem cell donation pledge, organ donation and eye donations stalls would also be put up.
7. 4th September - Foundation Team took the 8 selected Students from Rescue Home to MRIS Charmwood for a practice session where they rehearsed the 2 bhajans to be performed on 16th September.



8. 4th September - Greenobin Recycling Team collected 1640 kgs of waste paper and cardboard from A Block under supervision of Team Foundation.
9. 5th September - Greenobin Recycling Team collected 5250 kgs of waste paper and cardboard from A and C Block under supervision of Team Foundation.
10. 5th September - A Meeting of Trustees of Swargashram Ajronda, Faridabad took place in the premises of Swargashram/Cremation ground, Ajronda to discuss various issues and address them for the better utilisation of the PNG crematorium. Dr. Amit Bhalla and Dr. NC Wadhwa were present from MREI.
11. 11-12 September - 1723 Students and Faculty Members' Haemoglobin levels were tested by the team from Sarvodaya Health Care. More than 50% Students were eligible to donate blood and the rest will be reached out by the Nutrition department for further counselling.



12. 15th September- Mega Blood Donation Camp was held in B, I and T blocks where 1210 Students came forward to donate blood and 178 Students and Faculty members pledged for Stem Cell donation conducted by Jeevan Dayni Foundation and Gene Bandhu Foundation. The camps were done in association with Rotary Heritage, Rotary Golfers and Lions Club.



13. 16th September - On the 10th Year Remembrance of Dr .OP Bhalla Ji,
- 8 young boys from the Rescue Home performed Bhajans in the Remembrance Prayer meeting of Dr. OP Bhalla Ji in front of senior dignitaries and guests.
 - In all, **23,500 kgs of grains** were collected and donated to Old Age homes, Orphanages and Rescue Home, whereas 1.16 lacs kgs in total donated till date.
 - Total **1356 units of blood** were collected, making the total count to 10,394 till date.
 - Total **307 people got health check up** done on campus on Remembrance Day organised with Suraj Prakash Hospital.
 - **243 Stem Cell donation pledges** taken.
 - In all, **65+ mammography screenings** were done.
 - Major awareness drive on **Organs donation and PNG cremation** successfully conducted.
 - **14 NGO partners set up stalls** to display their work.
 - **120 Foundation Volunteers** supported the whole event.



14. 20th September - 31st Scholarship Meeting was held where the Special Scholarships Committee composed of Dr. NC Wadhwa, Brig. Anand, Sh. Sarkar Talwar, and Ms. Sanyogita Sharma recommended 47 candidates out of 53 applications for the Scholarships.
15. 23rd September - 30 Student Volunteers from Foundation volunteered in the first part of an event organised jointly by Daksh Foundation and MREI. The first event was a drawing competition for grandparents and grandchildren held in Town Park where over 150 people participated. The prize distribution for the event was scheduled to be held on 1st October in MREI campus on the occasion of World Elderly Day. Teams from MRDC and SAHS were part of the medical camp at the event.



16. 23rd September - Foundation Volunteers and Foundation Team volunteered with Hostel team in registration and hospitality of the Special Olympic Bharat Teams arriving in MREI campus for 3 day training camp.
17. 23rd September - Hepatitis B Vaccination Camp organised for MRDC in association with Dr Suraj Prakash Hospital under Dr. OP Bhalla Foundation where the vaccination was offered at a nominal rate of Rs.300/-. Faculty and Students members got vaccinated under the camp.
18. 24th September - Under our initiative 'Give her Wings to Fly', Team OP Bhalla Foundation, along with Student Volunteers visited Mohabbatabad Village and performed a Nukkad Naatak on menstrual awareness and hygiene. The activity was conducted in collaboration with Satya Sai Foundation, who had organised a Narayan Sewa for the villagers. We also addressed the women and distributed Sanitary Napkins amongst more than 250 women and girls, thus making the total count till date to 27000.



19. 28th September - 'Charcha' a group discussion was organised in the Committee Room of Foundation on the topic of 'Sustainability' where Campus Students participated in the event. The event was judged by Dr. Abhilasha Shourie and Dr. Vineeta from Dept of Biotechnology.



20. 30th September - Greenobin Pvt Ltd has collected around 24,644 kgs of waste paper and cardboard from MREI in the month of September.

Faridabad Education Council

September 2023

1. The Teacher on Call was finally terminated on 2nd September, 2023. The teachers and Students were informed about the closure of the program. Sahaj Path team has been reached out to share all the data regarding Students, Teachers and the calls with Team FEC.

2. As desired by DC, Faridabad, Dr.OP Bhalla Foundation will conduct Career Counselling sessions in GBSSS, FBD Old and GGSSS, FBD Old and the team visited the School campus to assess the labs located in the Schools. It was found that the labs are not fully functional due to maintenance issues and shall be taken up soon for restoration of computers, etc. installed.
3. The ongoing Kaushal IT Classes for the Students of GSSS Ankhir were held where the final class was wrapped on MS Word. They also practised typing and have reached from beginner to intermediate levels. FEC Team is also planning the implementation of the Kaushal IT Skills program in GBSSS, FBD Old and GGSSS, FBD Old, once the infrastructural requirements are in place.

Dr. OP Bhalla Foundation

October 2023

1. 1st October - Foundation supported a mega event by Daksh Foundation in the Manav Rachna Campus by providing Volunteers for the same.
2. 11.10.2023 - Dr N C Wadhwa, DG - MREI took a session with the students of MRU who had shown interest in appearing for the Civil Services Examinations. Dr Wadhwa while guiding the students, explained the benefits of being a civil servant along with the details of the syllabus and pattern which is a part of the examinations. He informed the students about the merits of joining Samkalp Vedhik Academy and how they are privileged to be in Manav Rachna as they opportunity is only for MR Students at these subsidized fee structure.



3. 11.10.2023 – FAHS organised a quiz on Nutrition for the school students of Faridabad. Team Foundation supported them by reaching out to various private and Government schools of the district and successfully arranged to get 11 teams for the competition.



4. 11.10.2023 - A meeting was held under the chairmanship of Dr N C Wadhwa, attended by Brig V K Anand, RJ Bhawna, Ms Rakhi Pruthi Head CRC and Dr Vaishali Mathur, where representatives from Faridabad Industries Association Charitable Trust and Rotary Golfers Faridabad, were present too.

The meeting was to discuss the plan to conduct multiple Mammography camps along with health camps for all the female MR Associates. It was decided to start the camps from 18th of November while conducting one camp every month on a working Saturday.

5. 11.10.2023 – 33rd Scholarship Meeting was held where the Special Scholarships Committee composed of Dr. NC Wadhwa, Brig. Anand, Sh. Sarkar Talwar, and Ms. Sanyogita Sharma recommended 23 candidates out of 34 applications for the Scholarships.
6. 12.10.2023 - Student Volunteers made a heartfelt visit to new centre of SHEOWS old age home situated near Kalindi Kunj. During their visit, they organized a drawing activity, shared stories, and even had some light-hearted dancing and singing sessions with the residents. The simple act of spending quality time together left everyone with smiles on their faces. It was a day full of warmth, reminding us of the value of human connection. They were also addressed by Dr. Bhagat, founder of SHEOWS.



7. Student volunteers visited Prabhat An Awakening, a shelter for special children abandoned by their parents. We distributed chocolates, frooties, and biscuits, bringing joy to their faces. We shared stories, had drawing activities, and enjoyed dancing and singing. Our volunteers were requested to come often and spread a sense of connection & belongingness and reduce anxiety among children.



Dr. OP Bhalla Foundation
November 2023

1. On 2nd November 2023, as part of the Margdarshan Initiative and in consonance with the DC - Faridabad, Dr. O P Bhalla Foundation hosted 47 students from GGSSS Old Faridabad at MR Campus for a Career Aptitude Test. The main aim is to provide these students with insights into their future careers and higher education options, contributing to Sustainable Development Goal 4 (SDG 4) - Quality Education. Career Counsellors from the CDC Department also explained the test and reports to the students.



2. The 34th meeting of the Special Scholarships was held in the office of DG – MREI on 2nd November 2023 where 46 cases were considered out of which Special Scholarships were granted to 31 cases.
3. On 3rd November 2023, as a continuation of the Margdarshan Initiative, Dr. O P Bhalla Foundation successfully hosted the fourth batch of 56 students from GGSSS Old Faridabad at MR Campus for a Career Aptitude Test. The primary objective remains to offer these students valuable insights into their future careers and higher education opportunities, furthering our commitment to Sustainable Development Goal 4 (SDG 4) - Quality Education.
4. On 6th and 7th of November, Team DOPBF put up a stall during the Diwali Mela organized by MRIS, CW at their premises. The team displayed the activities of the Foundation to create awareness and also kept a game on waste segregation to engage the students at the stall.





5. Team Foundation put up a stall during the Annual Diwali Mela held on 9th November at the Campus. The stall had various NGOs and Artisans who displayed their works and products. The stall worked as a promotional platform for the NGOs.





6. On 14th November 2023, On the occasion of Children's Day, Team Dr OP Bhalla Foundation visited Rescue Home for Boys at Tikona Park, Faridabad, a hostel for boys who have been saved from child labour. The Volunteers of the Foundation, distributed clothes, stationary, games, and some dry foods like biscuits, rusks etc amongst the children. These materials were collected through donations from MR students as well as associates. The children played games and demonstrated their skills. The Volunteers thoroughly enjoyed their time at the Rescue Home.





7. Dr N C Wadhwa, DG – MREI along with Team Foundation, had a meeting with Nikita Yadav, Program Manager, Nimaya Foundation in 17.11.2023, which is a not for profit career accelerator for girls with big dreams founded by **Navya Naveli Nanda** (Granddaughter of Sh Amitabh Bachchan) who is considered India's foremost advocate on gender equity and an ally of U.N Women programs and India's leading soft skills development & employability enhancement platform founded by **Samyak Chakrabarty** (Listed by Forbes as Asia's leading social entrepreneur). Their main work is to make underprivileged women job ready in partnership with educational institutions to provide free of cost soft skills training, placement training and employability enhancement exposure to these female students under their Smart Fellowship Program. Team Foundation discussed the possibilities of working in collaboration with them on their Projects. Tentatively the MOU will be signed on 16th December 2023 in the presence of Ms Nanda in front of the beneficiaries of the first batch. Team Foundation has already started the registration process from the adopted villages.
8. A Mega Health Camp and Mammography Camp was organized on 18th November 2023 at the MR campus by Dr O P Bhalla Foundation, in collaboration with Faridabad Industries Association, Rotary Golfers Club and Aditya Birla Health, where services like free Mammography for women aged 40 plus, free eye testing, Blood Pressure, Blood Glucose, Thyroid, Total Cholesterol, Pulmonary Function Test and consultation by Doctors were provided. Total of 107 MR associates got the check ups done while 25 women underwent Mammography.



9. Team Foundation organized a Hepatitis booster as well as Tetanus camp at MRDC in collaboration with Dr Suraj Prakash Hospital on 20th November 2023.





10. On November 21st and 22nd, 2023, as a continuation of the Margdarshan Initiative, Dr. O P Bhalla Foundation hosted 53 and 45 students, respectively, from GGSSS, Old Faridabad at MR Campus for a Career Aptitude Test. The primary goal remained consistent: to provide these students with valuable insights into their future career and higher education opportunities, aligning with our commitment to Sustainable Development Goal 4 (SDG 4) - Quality Education. Career Counselors from CDC provided counselling to the students.





11. On 23rd November 2023, under the gracious guidance and motivation of Madam Satya Bhalla Ji, Chief Patron of MREI, the Dr. O P Bhalla Foundation orchestrated a significant Mega Donation Drive on the occasion of the auspicious month of Kartika. As desired by Hon'ble Chairperson, Dr. NC Wadhwa, DG, MREI, along with Sh. Sarkar Talwar Ji, Director Sports, Ms. Ritika Singh, Secretary, DOPBF, and the dedicated Team DOPBF personally visited the SHEOWS Old Age Home in Okhla, Delhi. Their visit was marked by the donation of various essential items like rice, sugar, refined oil, rusk, spices, pulses, medicines, diapers, blankets, and more costing more than Rs 1 lac. Also MR employees added to this generosity by contributing a wheelchair, portable toilet seat, walker, sticks, bedsheets, clothes, and other essential items. This collective effort aims to address the diverse needs of the elderly residents, providing them not only with daily essentials but also care and support. The heartfelt contributions and blessings of Madam Satya Bhalla have undoubtedly left a positive and enduring impact on the lives of those residing at SHEOWS Old Age Home.



12. On 24th November 2023, under our ongoing Raddi Recycling Initiative in which Dr. O P Bhalla Foundation is donating waste paper and cardboard for recycling, we received around 200 rims of A4 size sheets which have been passed on to the central store for internal use.



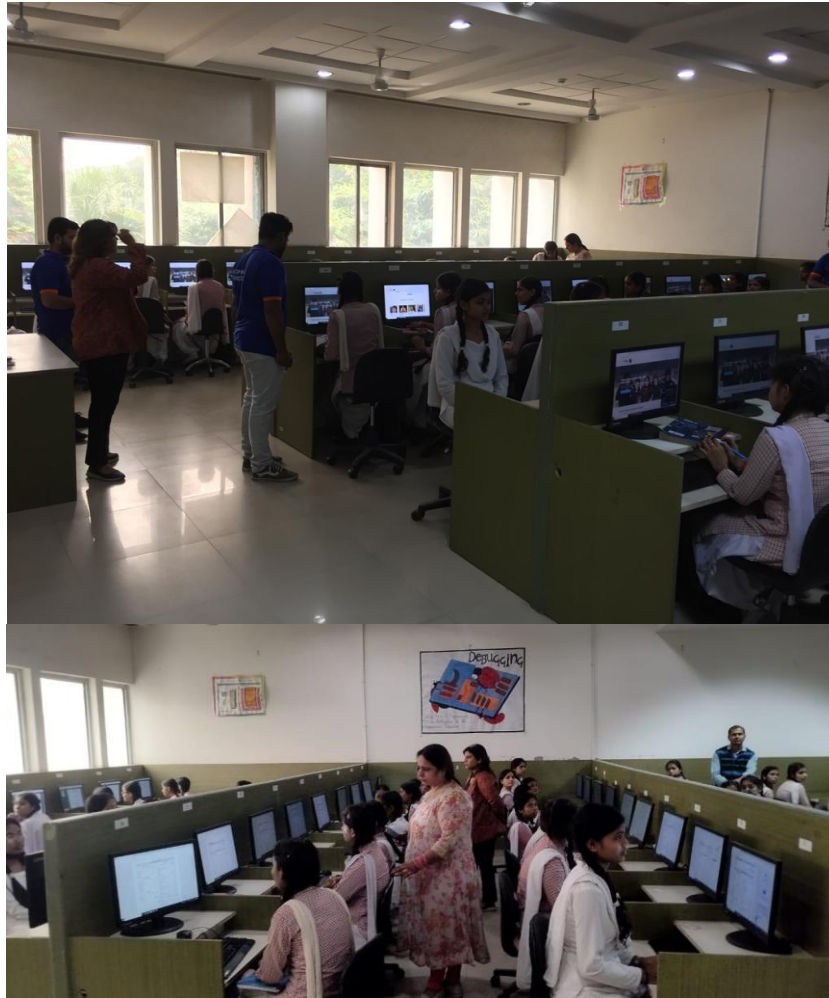
13. The 35th Meeting of the Special Scholarships was held in the office of DG – MREI, where 73 cases were considered out of which 56 cases were granted scholarships



FARIDABAD EDUCATION COUNCIL

November 2023

1. On 2nd November 2023, as part of the Margdarshan Initiative and with the guidance of the DC - Faridabad, FEC hosted 47 students from GGSSS Old Faridabad at MR Campus for a Career Aptitude Test. The main aim is to provide these students with insights into their future career and higher education options, contributing to Sustainable Development Goal 4 (SDG 4) - Quality Education. Career Counselors from the Manav Rachna CDC Department also explained the test and reports to the students.



2. On 3rd November 2023 as a continuation of the Margdarshan Initiative, Faridabad Education Council successfully hosted the fourth batch of 56 students from GGSSS Old Faridabad at MR Campus for a Career Aptitude Test. The primary objective remains to offer these students valuable insights into their future career and higher education opportunities, furthering our commitment to Sustainable Development Goal 4 (SDG 4) - Quality Education.
3. On November 21st and 22nd, 2023, as a continuation of the Margdarshan Initiative, Faridabad Education Council hosted 53 and 45 students, respectively, from GGSSS Old Faridabad at MR Campus for a Career Aptitude Test. The primary goal remained consistent: to provide these students with valuable insights into their future career and higher education opportunities, aligning with our commitment to Sustainable Development Goal 4 (SDG 4) - Quality Education. Career Counselors from CDC provided counseling to the students.



4. Dr N C Wadhwa, DG – MREI along with Team FEC, had a meeting with Nikita Yadav, Program Manager, Nimaya Foundation in 17.11.2023, which is a not for profit career accelerator for girls with big dreams founded by **Navya Naveli Nanda** (Granddaughter of Sh Amitabh Bachchan) along with **Samyak Chakrabarty**, India's leading soft skills development & employability enhancement platform. Their main work is to make underprivileged women job ready to provide free of cost soft skills training, placement training and employability enhancement exposure to these female students under their Smart Fellowship Program. Team FEC

discussed the possibilities of working in collaboration with them on their Projects and has already started the registration process from the villages of Faridabad.

5. GSSS, Bhankri and GSSS Khandawali have requested FEC to conduct a mega fest for their students at Manav Rachna Campus. There is a pattern and tradition of hosting a fest for the school students of the underprivileged section of the society at the IITs of the country. This fest is requested on the same lines. Team FEC is looking into the possibilities of hosting an event on these lines in the month of December where activities and competitions in the field of art, literary, sports, sustainable living, General knowledge etc will be conducted. An event like this would boost the confidence of the students and motivate them further.



Dr. OP Bhalla Foundation December 2023

1. On December 1st, 2023, Team Dr. O P Bhalla Foundation in collaboration with CDC, had a meeting with Lakshay Foundation in Manav Rachna Campus. During the meeting, Lakshay Foundation shared information about their organization, their objectives and discussed their initiatives. They explained how they are working on waste management and also recycling various types of plastic. Impressed by their initiatives, Team Dr. OP Bhalla Foundation expressed a desire to collaborate with them in the future.



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3. On Dec 14th & 16th, 2023, as a continuation of the Margdarshan initiative, Dr. OP Bhalla Foundation hosted 98 students, respectively, from GGSSS Old Faridabad at Manav Rachna Campus for a Career Aptitude Test. Team from CDC also guided the student about the report and its interpretation. The primary goal remained consistent: to provide these students with valuable insights into their future career and higher education opportunities, aligning with our commitment to Sustainable Development Goal.



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5. On December 20th, 2023 a meeting took place in the office of DG-MREI under his chairmanship, where the discussion centered around how to make our college free from anemia. The campaign was named as 'Anemia Mukta Manav Rachna'. Experts from the department of Nutrition & Dietetics, FAHS, Dr. Divya Sanghi and Dr. Mahak Sharma, shared insights on how to prevent anemia with Dr. N C Wadhwa and Brig. V K Anand in the presence of Team DOPBF. They also gave a 12 weeks plan on the same. The program was decided to be launched in the second week of January as soon as the classes for even semester start. It was further decided to also involve the parents/guardians of the students so that the dietary modifications suggested to them can be well implemented.

- On December 22nd, 2023, team Dr. O P Bhalla Foundation and MRDC collaborated with Dr. Suraj Prakash Hospital to organize a free vaccination camp. In this camp, doses of hepatitis B and tetanus were given to the housekeeping and security staff of Manav Rachna campus.



Dr. O P
Christmas

Dr. O P set up their own stall and involved Bharat Mata Trust by setting up a stall for them.



- Children of Raccoon Foundation. Children had the opportunity to participate in various games, win prizes, and choose free gifts from the stall. These gifts, including stationery, clothes, toys, and books, were collected through contributions from MRites in initiatives like Raddi Recycling, Be a Santa to Someone, and Share if You Care. 500 notebooks, over 600 stationery items, and over 1500 pieces of clothing and toys were distributed, adding joy to the holiday season for these children. More than 700 individuals went with a gift from our stall. The Foundation extends heartfelt gratitude to Manav Rachna Educational Institutions and Lambdatest for their generous donations, making the holidays special for these young ones.



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the Senior Citizen Club at Charmwood village. The purpose of these visits was to facilitate their research, involving the questioning of individuals aged 60 and above.





Japanese delegation about the Project. Dr. Myo gave his inputs regarding the Indian Scenario. He also shared his insights on how they could make their research better and fruitful. Dr MYo and Dr Luka shared their experiences from other countries and asked a lot of questions from DG-MREI about Indian situation then and now.



11. On 30th December, 1500 more notebooks were received by Team DOPBF. The notebooks are made of recycled paper given from the campus under the Raddi Initiative. These notebooks are further being distributed to the underprivileged students and also at various Government Schools across the district.



FARIDABAD EDUCATION COUNCIL

December, 2023

1. On Dec 14th & 16th, 2023, as a continuation of the Margdarshan initiative, Faridabad Education Council hosted 98 students, respectively, from GGSSS Old Faridabad at Manav Rachna Campus for a Career Aptitude Test. Team from Career Development Center, Manav Rachna also guided the student about the report and its interpretation. The primary goal remained consistent: to provide these students with valuable insights into their future career and higher education opportunities, aligning with our commitment to Sustainable Development Goal.



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of the syllabus completed so far. This batch of 50
consists of students studying in class 9th to 12th of GSSS Ankhir.

3. On 30th December, 1500 more notebooks were received by Team DOPBF. The notebooks are made of recycled paper given from the campus under the Raddi Initiative. These notebooks are further being distributed to the underprivileged students and also at various Government Schools across the district.



**Dr. OP Bhalla Foundation
January 2024**

1. 1st January,2024 On the occasion of New Year's Day, the team of Dr. O P Bhalla Foundation in association with Ms. Syeria Bhalla, Student Ambassador for organ Donation from MRIS, Sec 14,Fbd launched 'Donate Life: Join the organ Revolution campaign and motivated people to donate organs. They sensitized individuals about organ donation and also facilitated registrations for those willing to donate organs.



2. 1st January,2024
Dr O P Bhalla Foundation along with students from MRIS 14 who have been

working on household waste management since June 2023. (project was recognized and sponsored by the Ministry of Environment, Forest and Climate Change) arranged installation of a garden bench in the campus which has been recycled out of collected waste plastic from the MR campus.



3. On January 3rd, team Dr. O P Bhalla Foundation visited Dr. Suraj Prakash Hospital in Sector 8, Faridabad for a meeting to discuss further collaboration in organizing community Health Camps and organs Donation Seminars.
4. On 9th and 11th January, 2024, the students from the second batch of Kaushal Initiative, the IT Skilling Program were brought to the campus for their final classes. They were given classes for Microsoft Excel and were also given a revision of the syllabus completed so far. This batch of 50 consists of students studying in classes 9th to 12th of GSSS, Ankhir.



5. On 12th January, 2024 the celebration of Lohri started with a noble cause, as Dr. O P Bhalla Foundation, SW-MRIIRS and SW-MRU, motivated the students to pledge for Organ Donation and educated them about the dire state of Organ Transplant in the country and the importance of registering as Organ Donors under Donate Life: Join the Organ Revolution Campaign.



6. On 15th January, 2024, a meeting for the Health Camps Series was held at the office of DG-MREI. to discuss the Plan of Health Camp Series 2024 and organs Donation Campaign.
7. On 16th January 2024, a team from Haryana Yoga Ayog comprising of Sh Jaipal Shastri, - Member, Haryana Yog Ayog, Sh Ankur Khandelwal – Patanjali Group and Ms Manisha Arya – Record Holder for Yoga, came to discuss with team Foundation head by Dr N C Wadhwa – DG – MREI, in his office in the presence of Sh Atul Kalra – Director, Admin MREI. Sh Jaideep Arya – Chairman, Haryana Yog Ayog also joined the meeting through online mode. It was regarding the annual Samoohik Surya Namaskar to be conducted by the Ayog to promote Yoga in the State on 22nd Feb, 2024
8. On 17th January, 2024, a meeting took place for a Special Scholarships program in which scholarships cases for needy students were recommended.
9. On 18th January, 2024, there was an online meeting between the Dr. O P Bhalla Foundation Nimaya Foundation and Bala Ji College to discuss the plan for the Smart Fellowship Program to be introduced in Faridabad, District.
10. On 18th January, 2024 Dr. O P Bhalla Foundation donated 25 computers to the All India Association of Human Rights, for being disturbed amongst poor marginalized families.
11. On 24th January, 2024: Dr. O P Bhalla Foundation and Manav Rachna Educational Institutions signed a Memorandum of Understanding with Workverse, founded by Samyak Chakraborty in the presence of Program Advisor Ms. Navya Nanda, co-founder of Nimaya. This collaboration is aimed to support the Smart Fellowship, a career accelerator program for women from restrictive backgrounds that helps them build an inspirational career. A batch of 60 underprivileged students will be a part of this programme. The Smart Fellowship

is powered by Escorts Kubota Limited, an initiative by Workverse and Nimaya . The MoU was signed by Dr NC Wadhwa, Vice Chairman, Dr OP Bhalla Foundation and Mr. Samyak Chakraborty, Founder, Workverse; in the presence of Dr Prashant Bhalla, President, MREI; and Ms. Navya Naveli Nanda, Founder, Nimaya Foundation and other senior members from MREIS, Nimaya Foundation, Workverse and EKL.



12. On 29th January 2024, a meeting was held with DSW, MRIIRS and DSW, MRU to discuss the series of programs to be held for International Women's Day Celebration. Since 8th March is Maha Shivratri , the program will be organized on 6th and 7th March.
13. On 31st January 2024, on the death anniversary of Mahatma Gandhi ji, team Foundation urged all members of the Manav Rachna family to observe a one-minute silence in remembering of Gandhi ji and also urged Them to express gratitude to the Almighty for his blessings upon us for our good health and reciprocating the boon of Almighty by pledging donating of organs.

Monthly Report for July-2024.

1. **01/July/24:** 43rd Meeting of the Special Scholarships was held in the office of DG-MREI where 50 students applied for scholarships. Each applicant was thoroughly evaluated by the team Dr. OP Bhalla Foundation to determine his/her eligibility. Afterward, all cases were presented to the Committee, and finally , 46 students were recommended for scholarships.
2. **04/July/24:** Under the mission of enhancing the skill of Government School Students and making them ready for job through its initiative called Kaushal Karyashala, Dr O P Bhalla Foundation in association with IIC , Manav Rachna University conducted the class of the third batch from GSSS Bhankri. The students were taught the basics of Microsoft Office emphasizing on Power point presentation .



3. **06/July/24:** Dr. O P Bhalla Foundation, together with its Volunteers, assisted the Admission Cell in organizing campus visits for new admissions of students and their parents.
4. **08/July/24:** 44th Meeting of the Special Scholarships was held in the office of DG-MREI where 36 students applied for scholarships. Each applicant was thoroughly evaluated by the team Dr. OP Bhalla Foundation to determine his/her eligibility. Afterward, all cases were presented to the Committee, and finally , 30 students were recommended for scholarships.
5. **10/July/24 :** Dr. O P Bhalla Foundation, Volunteers under the guidance of Dr. N C Wadha, DG-MREI, participated in the RMR Foundation annual celebrations and helped in various activities planned for the day.
6. **13/July/24:** Dr. O P Bhalla Foundation bid farewell to the UPES Interns and motivated them to continue fulfilling their social responsibilities through further social activities. This Internship has been an enriching experience for these students. They've gained valuable skills and knowledge while making a positive impact on the community.



7. **17/July/24:** Team Dr. O.P. Bhalla Foundation visited Manav Rachna International School, Sector 14, to create our second Eco Wall. This initiative, initially launched during Social Internship program 2024 focuses on promoting environmental awareness and sustainability through the creation of vertical gardens using recycled

materials. The Student Volunteers from the Foundation collaborated with students at Manav Rachna International School to construct and decorate the Eco Wall, planting a variety of greenery aimed at improving air quality and biodiversity. This initiative not only enhanced the aesthetic appeal of the School but also served as an educational experience, emphasizing the importance of green spaces and environmental responsibility.



8. **18/July/24:** Dr OP Bhalla Foundation hosted the Inner Wheel Club of Faridabad Central for a Plantation Drive on 17th July 2024 in front of Girl's Hostel, Manav Rachna Campus. Around two dozens trees were planted to make the campus cleaner and greener. The drive was endorsed by Madam Satya Bhalla Ji, Chief Patron of Manav Rachna Educational Institutions.



9. **19th-24th /July/24-** During the Orientation program for the new students, Dr. N C Wadhwa, DG-MREI, along with the team from the Dr. O P Bhalla Foundation, provided a detailed overview of the Foundation's various initiatives and their impact. The Team highlighted the Foundation's dedication to social causes and community development. Dr. Wadhwa encouraged the students to engage actively in these initiatives, stressing the importance of embracing their social responsibilities and making a positive contribution to society.
10. **20/July/24:** 45th Meeting of the Special Scholarships was held in the office of DG-MREI where 72 students applied for scholarships. Each applicant was thoroughly evaluated by the team Dr. OP Bhalla Foundation to determine his/her eligibility. Afterward, all cases were presented to the Committee, and finally , 61 students were recommended for scholarships.

11. **24/July/24:** Dr. OP Bhalla Foundation welcomed Students from MRIS 14 into the Young Karmayogis Program with a Badging Ceremony. These Young Karmayogis will represent the Foundation and organize social welfare activities at their school level. The event featured musical performances by MRIS 14 students and inspiring speeches by Ms. Mamta Wadhwa, Director Principal - MRIS 14, Dr. NC Wadhwa, DG-MREI and Vice Chairman, DOPBF and Sh. Sarkar Talwar, Director, Sports-MREI and Trustee-DOPBF.



12. **25 /July /24 :** Dr. OP Bhalla Foundation welcomed Students from MRIS Charmwood into the Young Karmayogis Program with a Badging Ceremony. These Young Karmayogis will represent the Foundation and organize social welfare activities at their school level. The event featured musical performances by MRIS CW students and inspiring speeches by, Dr. NC Wadhwa, DG-MREI and Vice Chairman, DOPBF, Ms.Divjot Kaur,Principal, MRIS CW, Ms. Ritika Singh,Secretary ,DOPBF.



13. **26/July /24:** Dr. Vaishali Mathur, Sr. Program Manager at the Dr. O P Bhalla Foundation, conducted an Orientation session for the new students of the PG Biotechnology program. During this session, she provided detailed information about the Dr. O P Bhalla Foundation and its various initiatives. She also motivated the students to get involved in volunteering activities, encouraging them to contribute their time and skills to support the foundation's efforts.

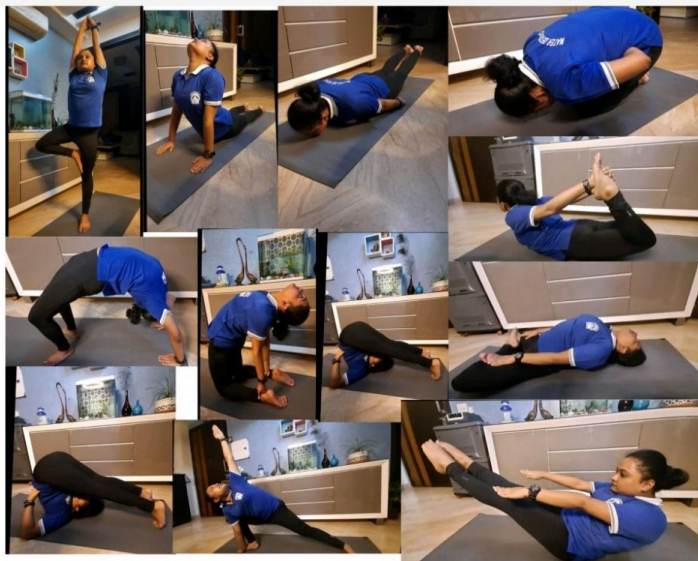


14. **29/July/2024** : Team Dr. O.P. Bhalla Foundation visited GSSS, Lakkarpur ,Faridabad to create our third Eco Wall. This project, which was first introduced during the Social Internship Program 2024, aims to promote environmental awareness and sustainability by setting up vertical gardens made from recycled materials. By incorporating these green walls, we are not only enhancing the aesthetic appeal of the school but also contributing to a healthier environment. This initiative underscores our commitment to environmental responsibility, showing how small, sustainable actions can have a significant impact on our surroundings and future.



Events Organized by DSW:

1. On November 23, 2023, Department of Social Welfare, Manav Rachna University is organizing an insightful event, with the primary goal of exploring the profound impact of yoga on physical fitness, mental clarity, and emotional stability. The initiative is being actively supported by the student council members, who are working diligently to raise awareness about the event across the campus. All students are encouraged to participate and make the most of this opportunity to enhance their well-being through yoga.



2. On February 7, 2025, at Gharora Village, Haryana, Students of BBA Healthcare Management Students VI semester student for their Global Healthcare Scenario with faculty Ms Minakshi Sharma. The objective of this visit was to conduct three significant projects focused on **maternal healthcare, child health, and accessibility to healthcare in rural areas**. The project is related to **SDG 3: Good Health and Well-Being**.



Faridabad, Haryana, India
Dayalpur, Faridabad, Haryana 121101, India
Lat 28.353627, Long 77.458351
02/07/2025 02:49 PM GMT+05:30
Note : Captured by GPS Map Camera



Faridabad, Haryana, India
Dayalpur, Faridabad, Haryana 121101, India
Lat 28.354865, Long 77.457610
02/07/2025 03:12 PM GMT+05:30
Note : Captured by GPS Map Camera



Faridabad, Haryana, India
Dayalpur, Faridabad, Haryana 121101, India
Lat 28.354533, Long 77.452117
02/07/2025 03:03 PM GMT+05:30
Note : Captured by GPS Map Camera



Faridabad, Haryana, India
Dayalpur, Faridabad, Haryana 121101, India
Lat 28.354093, Long 77.457997
02/07/2025 03:31 PM GMT+05:30
Note : Captured by GPS Map Camera



Gharora, Haryana, India
9f35+f34, Gharora, Haryana 121101, India
Lat 28.353758° Long 77.457508°
07/02/2025 04:03 PM GMT +05:30

**Outreach Health Awareness based Research, book chapters, projects and patents report
by MRU:**

To improve the health, wellbeing, nutritional status, family planning, aging related changes, and mental health awareness, faculties and students of MRU organized and published several research articles and patents as mentioned in the table below.

List of research papers published by faculties, students for health, well-being and age related issues are listed below:

Department	S. No.	Author	Research paper title	Year of publication	Link of paper
CST	1	Harsh Bhasin	Dimension Reduction in the Sagittal Plane for Diagnosis of Mild Cognitive Impairment	2023	https://link.springer.com/chapter/10.1007/978-3-031-35644-5_8
CST	2	Yojna Arora	Systematic Review of the Association between Cancer-Related Dementia and Mality: Systematic Review and Meta-Analysis	2023	https://acspublisher.com/journals/index.php/ijrcst/article/view/10242/9058
CST	3	Yojna Arora	Fire Alarm System Through Smoke Detection	2023	https://acspublisher.com/journals/index.php/ijrcst/article/view/10242/9058
CST	4	Deepti Thakral	Intrusion Detection System for IoT-Based Healthcare Intrusions with Lion-Salp-Swarm-Optimization Algorithm: Metaheuristic-Enabled Hybrid Intelligent Approach	2023	https://www.espublisher.com/journals/article/details/933
CST	5	Parneeta Dhaliwal	Impounding Behavioural Connotations for Hate Speech Analysis – A View Towards Criminal Investigation using Machine Learning	2023	https://link.springer.com/article/10.1007/s41870-023-01500-7
CST	6	Deepti Thakral	Preserving Security in Internet-of-Things Healthcare System with Metaheuristic-Driven Intrusion Detection	2023	file:///C:/Users/LENOVO/Downloads/es933-1.pdf
CST	7	Goldie Gabrani	Effectiveness of Higuchi Fractal Dimension in Differentiating Subgroups of Stressed and Non-Stressed Individuals	2023	https://link.springer.com/article/10.1007/s11042-023-17536-7#article-info
CST	8	Mrinal Pandey	Segmentation and Classification of Diabetic Retinopathy using Ensemble Deep Neural Network	2024	https://www.sciencedirect.com/science/article/pii/S1877050924005714
CST	9	Urmila Paliana	A Novel Hybrid Deep Belief Google Network Framework for Brain Tumor Classification	2024	https://www.ijosi.org/index.php/IJOSI/article/view/1196/505
CST	10	Shalu	A Multi-Layered Assessment System for Trustworthiness Enhancement and Reliability for Industrial Wireless Sensor Networks	2024	https://link.springer.com/article/10.1007/s11277-024-11391-x

CST	11	Parneeta Dhaliwal & Sanjay Singh	Exploring Transboundary Solutions for Forensic Investigations: An Interdisciplinary Approach to Addressing Criminal Behavioral Challenges	2024	https://www.scopus.com/record/display.uri?eid=2-s2.0-85195485887&origin=resultslist&sort=plf-f&src=s&sid=d23ab11333c2d1e7c8ff2e1bc2a6fc3&ot=aff&sdt=a&s=AF-ID%2860104574%29&sl=15&sessionSearchId=d23ab11333c2d1e7c8ff2e1bc2a6fc3&relpos=0
CST	12	Shalu	A Novel Three-Phase Hybrid Cryptographic Algorithm for Data Security	2024	https://link.springer.com/article/10.1007/s41870-024-02117-0
CST	13	Manoj Kumar & Urmila Paliana	A Framework for Detection of Drone using YOLOv5x for Security Surveillance System	2024	https://ijosi.org/index.php/IJOSI/article/view/1259/514
CST	14	Parneeta Dhaliwal	A Comprehensive Review of Retinal Disease Diagnosis and Open Access Datasets: Fundus and OCT Images	2024	https://content.iospress.com/articles/intelligent-decision-technologies/idt241007
CST	15	Manpreet Kaur	Integrating Multi-Modal Insights with Transfer Learning for Detecting Metastatic Breast Cancer (MBC-stage IV) Prognostics	2024	https://link.springer.com/article/10.1007/s41870-024-02300-3
ECE	16	Piyush Charan	Analysis of EEG Data Using Different Techniques of Digital Signal Processing	23-01-2024	Analysis of Eeg Data Using Different Techniques of Digital Signal Processing – Biomedical and Pharmacology Journal
ECE	17	Dr.Charu Pathak	Alzhiemers Disease diagnosis from brain MRI scans using convolutional neural networks		https://ieeexplore.ieee.org/document/10991227
ECE	18	DR. MEENAKS HI GUPTA	Enhancing Wellness through AI-Powered Yoga Assistant: A Human Activity Recognition Application	45707	https://www.tarupublications.com/doi/10.47974/JIOS-1859
ECE	19	Dr. Meenakshi Gupta	"COVLIAS 3.0Fusion: A Novel Deep Learning Ensemble Strategy for COVID-19 Diagnosis in Computed Tomography Scans"		https://www.scimagojr.com/journalsearch.php?q=21101022413&tip=sid&clean=0
ECE	20	Dr. Shruti Vashist	Early sepsis prediction in ICU patients using ensemble machine learning: A MIMIC-III database analysis		https://www.scimagojr.com/journalsearch.php?q=36513&tip=sid

List of patents published under 3.3.2 are 25 in totals out of which some are listed below:

Department	S. No.	Author	Application No.	Patent Title	Year of publication	Link of patent
SOSc	10	Yaman Hooda, Vishnu Raj, Ananna Bardhan, Dinesh Kumar Sharma	202211076381 A	System and method for monitoring air quality	06.01.2023	https://drive.google.com/file/d/1TnT2KcESpEd2tr8UZ_X5R_xA6Z-5p3EL6/view?usp=drive_link
ECE	16	Apurav Swami, Manya, Dr. Meenakshi Gupta, Dr. Niharika Thakur	202411075325	Drunk Driving Prevention System	18/10/2024	Drunk Driven Prevention System.pdf
ECE	17	Dr. Meenakshi Gupta, Ujjawal Arora, Harshil Aron	202411082840	Gesture And Voice-Controlled System For Safer Driving	22/11/2024	Gesture And voice controlled car.pdf
ECE	18	Varun Yadav, Mallika, Nikita Saini, Tamanna Sharma	202411066069	RAIN PROTECTION WALKING SUPPORT DEVICE	23-09-2024	patent-varun2.pdf
ECE	19	DR. MEENAKSHI GUPTA, HARSHIL ARON	202511073626	VEHICULAR SAFETY SYSTEM FOR ROLLOVER EVENTS	22-08-2025	202511073626.pdf
ECE	20	GAURVI KHATRI, SHASHANK, DR. NIHARIKA, DR. MEENAKSHI GUPTA	202511071040	SYSTEM FOR RESCUING INJURED USERS	15-08-2025	202511071040_MRU.pdf
ECE	21	Dr. Dipali Bansal Dr. Shruti Vashist Dr. Meenakshi Gupta Dr. Gianender Kajal Mr. Aryan Singh Chauhan Mr. Shivam Kumar Mr. Pravar Aswal MR. Tushar Suhag	202511068404	Sports Trauma Detection And Response System	45877	202511068404.pdf
ECE	22	Dr. Meenakshi Gupta Mr. Ujjawal Arora Mr. Bhumika Khatri Mr. Nitin kumar	202511063221	Safety Integrated Toddler Mobility Assistive Device	22-07-2025	202511063221_MRU.pdf
ECE	23	Dr. Meenakshi Gupta Mr. Nitin Pandey Dr. Niharika Thakur Dr. Shruti Vashist Dr. Dipali Bansal Dr. Deepa Arora Mr. PR Aman	202511083495	MULTI-SENSORY STRESS MONITORING AND MANAGEMENT SYSTEM	22-09-2025	stress monitoring system.pdf
ECE	24	Dr. Shruti Vashisht Dr. Meenakshi Gupta Mr. Sandeep Gupta Ms. Ishpreet kaur Ms. Lovanya Mr. Rama Krishna	20251108129	Safety Bracelet For Women	22-09-2025	safety barclet.pdf

		Reddy Ms. Shaina Das			
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List of Projects: 1

Department	S.No.	Date	Project Title	Link of the Report
CST	1	2023-24	Cataract detection using transfer learning, CNN and Autoencoders	https://drive.google.com/file/d/1A1agCeB-C2DZa8c2x1bYFjNw8JXhTKD1/view?usp=sharing

Guest Lectures/Talks delivered by faculties: 8

S.No.	Department	Date	Title	Place	Link of the Report
1	CST	23-11-2023 to 24-11-2023	Invited Talk on "Role of IoT and Blockchain in Healthcare", at AECE2023, Noida, India	AECE2023, Noida, India	https://drive.google.com/file/d/1yDGEuVeuisCByisVIKfg3n2HDE419Uc7/view?usp=drive_link
2	CST	27-05-2023 to 28-05-2023	Invite talk on "The Impact of Artificial Intelligence on a Smart Society" at HMSS 2023	HMSS 2023	https://drive.google.com/file/d/1so4Xt0ZWQzNWDEE0NAYxzi-VxVc1xMK0/view?usp=drive_link
3	CST	27-05-2023 to 28-05-2023	Invite talk on "The Impact of Artificial Intelligence on a Smart Society" at HMSS 2023	HMSS 2023	https://drive.google.com/file/d/1so4Xt0ZWQzNWDEE0NAYxzi-VxVc1xMK0/view?usp=drive_link
4	SoMC	22 May 2024.	Prof. (Dr.)Parul Jhajharia - Resource person for the MDP at the Institute of Indian Banking and Finance to give training on the topics "Decision Decides the Destiny of an Organization - Process and Relevance of Decision Making" "Managing Time in Personal and Professional Life" and "Conflict Resolution & Negotiating Skills"		https://docs.google.com/document/d/1HTNpKhYzJMCCqQ5bCBi3oRyD3jwXcMvs4ptIurF-vy4/edit?usp=sharing
5	SoMC	24th July 2023	Session - A lesson for Management, Shree Mad Bhagwat Geeta	To draw management lessons from the teachings of the Bhagavad Gita. It emphasizes leadership, ethics, and decision-	https://drive.google.com/drive/folders/1ojcUlc6De6DJA2c2zLYeqZBfBqpPXwm?usp=drive_link

				making in modern business contexts.	
6	SoMC	27th July 2023	Session on Mindfulness	To promote self-awareness, focus, and emotional regulation among students. It helps improve concentration and reduce stress in academic and professional life.	https://drive.google.com/drive/folders/1X0e4uajbbfO7mdjDmQJqDz5KB1hJPrix?usp=drive_link
7	SoMC	12th April, 2024	Happiness and Well-Being	To emphasize mental wellness, positivity, and life balance in academic life. The session encourages holistic personal development.	https://drive.google.com/drive/folders/1RAU1OJjGAV_jeGnr_rZTzmc7K12N1--q?usp=drive_link
8	SoMC	29th July, 2024	Zen Zone – Navigating Stress in Today’s World	To teach stress management techniques for maintaining emotional balance. The session integrates mindfulness and resilience-building practices.	https://docs.google.com/document/d/17rjR_PNf1M5KUa2840uiPTPeuL3tgf8X/edit?usp=sharing&ouid=107684766816475749358&rtpof=true&sd=true

