

5.6.6 – Mentoring Schemes (10% female students participate)

Three Tier Mentoring System at Manav Rachna University

Mentoring by Faculty Mentors

At Manav Rachna University, significant thrust is being placed on ensuring that girl students are being provided continuous support and hand holding through various initiatives so as to be at desired level of academic achievement and overall development. In this regard, the university follows a strong mentor-mentee relationship typically involving faculty members (the mentor) providing guidance, support, and advice to students (the mentee). This relationship is often established to help the mentee develop skills, gain insights, navigate challenges, and achieve their personal or professional goals.

Mentors offer their mentees:

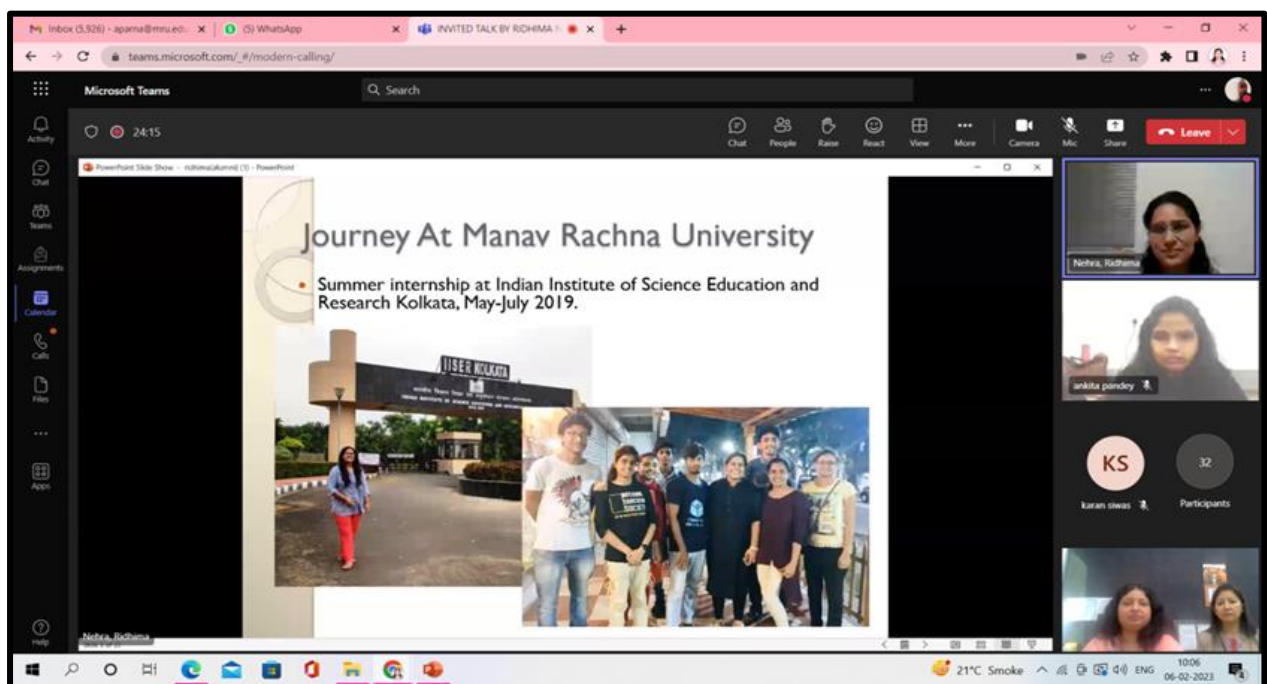
- Guidance and Advice: Mentors share their knowledge and experience to help mentees make informed decisions.
- Support and Encouragement: Mentors provide emotional support and encouragement to help mentees stay motivated and focused.
- Networking Opportunities: Mentors may introduce mentees to valuable contacts and resources within their field.
- Feedback and Accountability: Mentors offer constructive feedback to help mentees improve their skills and hold them accountable for their goals and actions.
- Career Development: Mentors assist mentees in setting career goals, identifying opportunities for growth, and navigating their career paths.
- For the mentor, the relationship can be rewarding as they get the opportunity to share their knowledge and expertise, make a positive impact on someone else's life, and potentially gain fresh perspectives from their mentee.
- For the mentee, the relationship provides valuable insights, guidance, and support that can accelerate their personal and professional growth, expand their network, and increase their confidence in their abilities.
- Overall, mentorship is a mutually beneficial relationship based on trust, respect, and a willingness to learn and grow.

Mentoring by Alumni

Manav Rachna University is committed to empowering its female students through Alumni Mentorship Sessions, a unique initiative that connects them with successful female graduates who have made their mark in various industries. These sessions provide an invaluable platform for current students to engage with women who once walked in their shoes and have since gone on to achieve great things. During these sessions, our alumni mentors share not only their professional expertise but also the challenges and triumphs they experienced on their academic and career paths.

Our University hosted a series of insightful alumni sessions featuring prominent female graduates, aimed at empowering students from various academic backgrounds. On **October 29, 2022, Ms. Soumya Sharma**, an esteemed alumna of the School of Law, conducted an Interactive Session on Higher Studies and Career Opportunities in Law. This session offered

essential guidance on pursuing advanced legal studies and building a successful career in the legal profession, inspiring students to investigate the numerous opportunities that lie ahead. In the realm of Education, Ms. Geetika Wadhwa presented a lecture titled "The Future of Online Teaching: Exploring the Way Forward" on November 24, 2022. Her discussion focused on the changing dynamics of digital education and the competencies required to excel in online teaching settings, motivating students to adopt innovative strategies in their educational pursuits. On February 6, 2023, Ms. Ridhima Nehra, a Ph.D. candidate at North Dakota University, USA, engaged students from the Sciences and Mathematics department with her presentation entitled "Understanding Higher Education Pathways." She recounted her academic experiences, the obstacles encountered while conducting research abroad, and effective strategies for succeeding in higher education, encouraging students to view advanced studies as a pathway to meaningful careers.



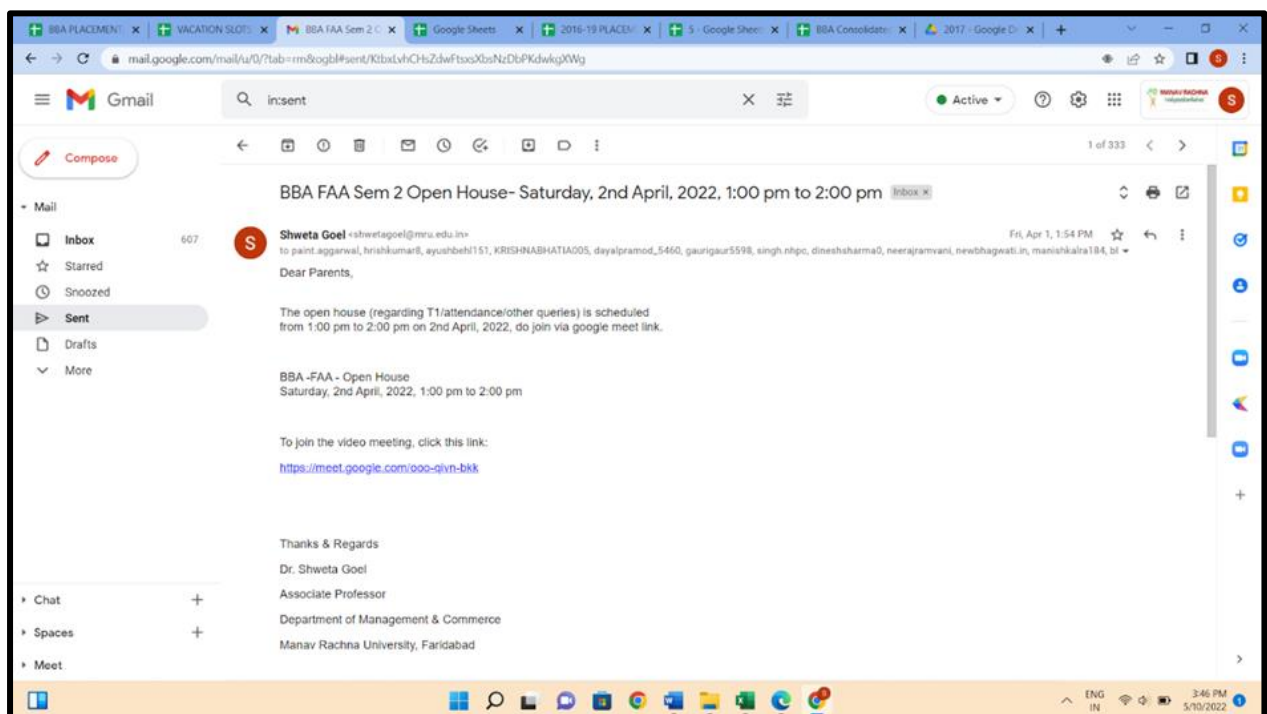
Session taken by Ms. Ridhima Nehra

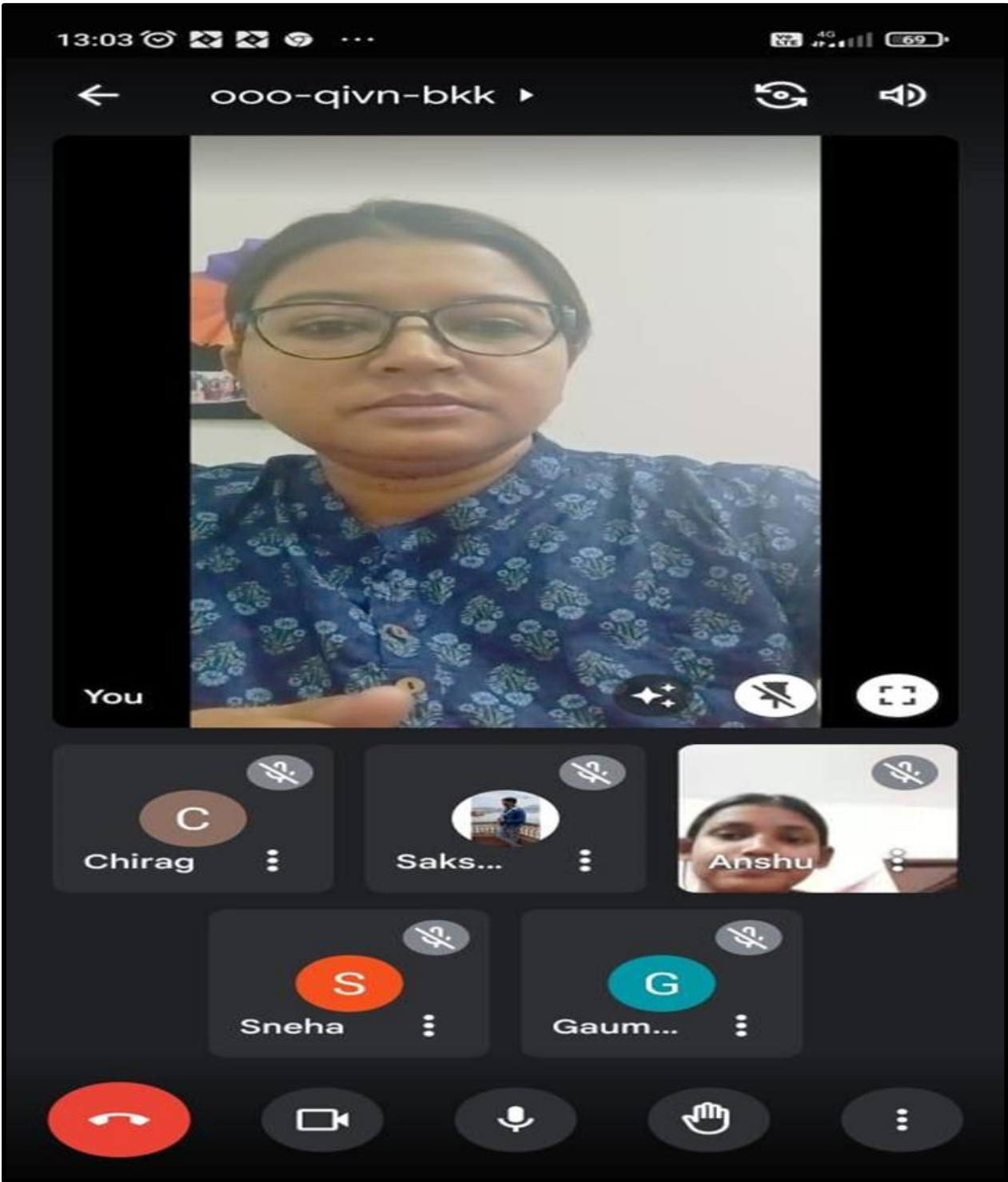


Talk by Ms. Geetika Wadhwa on Future of Online Learning

Mentoring by Parents

Manav Rachna university maintains a very close connection with the parents of the students for the all round development of the student focusing more on girl students. In this regard, open house and parent-teacher meetings are regularly conducted in every semester in order to brief them about the regularity, performance and other issues.





Glimpses of PTM