

Manav Rachna Centre for Peace and Sustainability

July - August Newsletter

The Manav Rachna Centre for Peace and Sustainability stands as a beacon of progress, actively engaging with the Sustainable Development Goals (SDGs) while placing particular emphasis on SDGs 3, 4, 5, 7, 8, 13, and 16. Through its five dedicated pillars and collaborative working teams, the center orchestrates a symphony of positive change. Anchored by esteemed figures such as Dr. Karan Singh from Jammu and Kashmir, Markendey Rai, Gyananand Ji, and others on its advisory board, the center's influence is far-reaching. Over 500 students are connected, becoming driving forces of transformation. Remarkable initiatives like "Pehel" have illuminated the path, offering free education to underprivileged children, while essential programs such as sessions on recognizing "good touch" and "bad touch" promote safety and awareness. The creation of a butterfly garden, symbolic of regeneration, and the "Adopt Nurture Grow" project for plants exemplify the commitment to nurturing nature. A calendar abounding with enlightening seminars, guest lectures, purposeful excursions, and outcome-focused trips perpetuates awareness. Central to the mission is the establishment of a sustainable, harmonious, health-conscious, and gender-neutral campus. Research endeavors and meticulously designed courses stand as testament to the center's holistic approach. In essence, the Manav Rachna Centre for Peace and Sustainability emerges as a dynamic force that not only envisions but tangibly manifests a future aligned with the core principles of sustainable development.



Parashakti

SDG 5 aims to achieve gender equality and empower all women and girls.

Sadbhav

SDG 3 seeks to ensure healthy lives and promote well-being for all at all ages, while SDG 16 focuses on promoting peaceful, just, and inclusive societies with effective institutions.



Prakarsh

SDG 4 aims to ensure inclusive and quality education for all, promoting lifelong learning opportunities.

Sahrita

SDG 7 aims to ensure access to affordable, reliable, sustainable, and modern energy for all, while SDG 13 focuses on taking urgent action to combat climate change and its impacts.



Samruddh

SDG 8 aims to promote sustained, inclusive, and sustainable economic growth, full and productive employment, and decent work for all.

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July 14, 2023

STALL PRESENTATION

Vibrant Stalls on Fresher's
'Orientation Day'



On July 14, 2023, the Manav Rachna Centre for Peace and Sustainability set up individual stalls to educate first-time visitors and encourage their involvement. During the stall representation, the teams were divided into two halves: the first half represented the verticals under the Centre, while the second half focused on mindfulness. To achieve this, all the leaders, co-leaders of different teams, and the team coordinator came together.

The teams beautifully decorated their stalls, staying true to our motto of sustainable development and a carbon-free environment. The stalls vividly portrayed the environment, objectives, and aspirations of our teams, along with highlighting the milestones we have achieved so far. To engage the freshers, a couple of activities were set up, which attracted numerous new members. Additionally, our members put on a skit, adding to the interactive experience.

The new council made an impressive debut by successfully recruiting 60 new members – a truly remarkable accomplishment. Their unwavering determination and eagerness to create an impact undoubtedly indicate that they will continuously address their shortcomings and enhance their effectiveness in future endeavors. With such a promising start, there is no doubt that the council's upcoming projects will achieve even greater success, ensuring their positive impact continues to thrive.

July 17, 2023



Plantation Drive



Good Plants Healthy Life

Estelle Darcy

On 17th July, 2023, the Dr. OP Bhalla Foundation in collaboration with Centre for Peace and Sustainability orchestrated a spectacular plantation drive at Sector 45, Faridabad, outside our brand-new Off Campus Hostel. Volunteers from the Foundation, MRCPS, and enthusiastic students from DSW-MRIIRS and MRU joined hands to create a vibrant Green Belt!

The spirit of the day soared as Dr. NC Wadhwa inspired us all with his enlightening words on the paramount significance of Tree Plantation and we took a heartfelt Green Oath to nurture our planet and safeguard its precious environment!

Joined by esteemed personalities like the Dean-DSW-MRIIRS, Dy. Director - MRIIRS, and the amazing Team Foundation, we're marching together towards a greener, sustainable tomorrow!

Let's continue this beautiful journey of planting trees and nurturing life! Together, we can make a difference!



July 27, 2023

Graphic Designing Workshop

The Manav Rachna Centre for Peace and Sustainability held an engaging workshop on hand-based flyer design led by Ms. Avni Bhatia. Freshers and the creative team participated enthusiastically. She covered design principles, color theory, and typography, guiding participants towards practical application. Attendees learned to create captivating layouts and experiment with design elements. The interactive session encouraged collaborative learning. Participants crafted effective flyers by applying their newfound skills. The event showcased Manav Rachna's commitment to innovative expression. The workshop's success highlighted the importance of hands-on learning for nurturing creativity.



August 17, 2023

ZUMBA

with

GAURAN



The esteemed Guest Trainer Gauran ji headlined an exhilarating Zumba session at the Manav Rachna Centre for Peace and Sustainability, held the previous day. Enthusiastic participants came together to engage in this vibrant and dynamic event, fully embracing the seamless fusion of dance and fitness. The session exuded an infectious energy, providing an exceptional avenue to promote overall well-being and emphasize the importance of embracing a health-conscious lifestyle.



Gauran ji's extensive expertise and engaging guidance played a significant role in creating a highly satisfying experience for attendees. As a result, participants left the event with increased motivation and a renewed sense of inspiration to continue their personal fitness journeys. The occasion stood as a clear testament to the center's unwavering commitment to nurturing both physical vitality and mental balance, thereby exerting a positive influence on the community's steadfast pursuit of peace and sustainability.



The session brimmed with vitality, attracting a large number of eager participants who collectively infused life into the event. In a powerful display of unity, the Deputy Direct (IQAC) and esteemed Sadbhav mentor, Dr. Deepa Arora, graced the event with their presence. Notably, Dr. Arora was accompanied by a group of other distinguished faculty members, all converging at the G block auditorium.

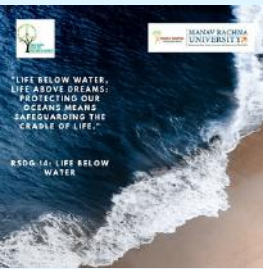
August 9, 2023

HANDMADE PAPER MAKING COMPETITION

In a proactive stride toward cultivating a sustainable campus and nurturing an eco-conscious ethos among students, a pioneering student-led initiative was established by MANAV RACHNA CENTRE FOR PEACE AND SUSTAINABILITY. This visionary project ingeniously repurposed discarded paper, breathing new life into it by crafting exquisite handmade sheets adorned with a vibrant palette of colors. This creative endeavor not only championed the cause of sustainability but also empowered young minds to become stewards of the environment, embodying the essence of true sustainability champions.



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THE SOCIAL UNIVERSE

The "Sustainiverse" event, orchestrated by the Manav Rachna Conservation and Peace Society (MRCPS), celebrated creativity and sustainability in a digital landscape. The event saw active participation from 25 individuals, each offering a unique perspective on sustainability.

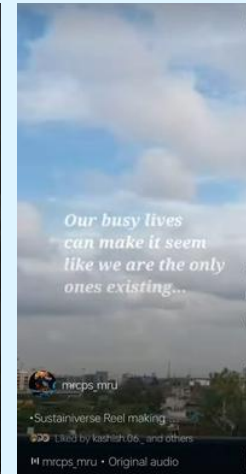
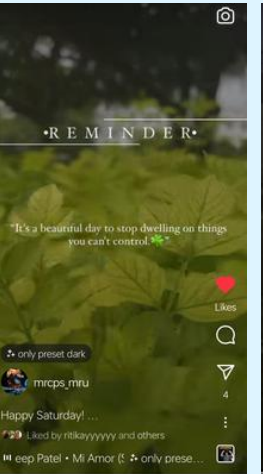
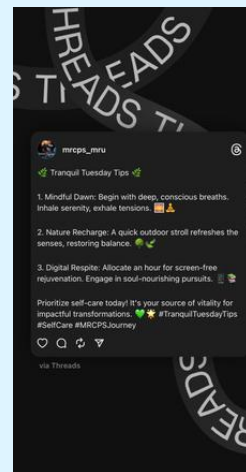
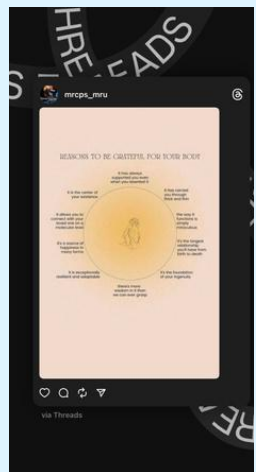
We were pleased to witness the enthusiastic involvement of 25 participants who submitted their entries, representing a wide spectrum of sustainable projects and concepts.

Selected entries received prominent exposure on the official MRCPS Instagram page, serving as a platform to display a rich tapestry of sustainable endeavors.

The event sparked substantial engagement within our Instagram community. Followers actively expressed their appreciation by liking, commenting, and sharing entries that resonated with them.

After meticulous evaluation, factoring in the number of likes and comments, we are delighted to announce the triumphant participants of the "Sustainiverse" event:

1. Garima
2. Aman
3. Tanvi



Credits:
Content team & Design team of MRCPS

Instagram- @mrcps_mru
Threads- @mrcps_mru
Twitter- @mrcps_mru
Linkedin- MRCPS
Facebook- Manav rachna centre for peace and sustainability

