



## MANAV RACHNA UNIVERSITY

# STUDENT WELFARE

The Student Welfare aims for the development and welfare of the University's students and helps them enhance their skills and talent through various events.



With a motive to promote participation in various literary, cultural, artistic, etc events. SW has always been there standing for/beside the students of Manav Rachna and will continue their efforts to encourage them.

# FINANCIAL SECURITY SESSION

10.08.2023



The objective of the session on financial security was to educate participants about the importance of financial security, provide them with strategies to achieve it, and equip them with the necessary knowledge to make informed decisions about their financial well-being.

Participants found the session informative and practical. They appreciated the breakdown of complex financial topics and the interactive elements. Some participants requested more detailed guidance on specific investment strategies, while others expressed interest in a follow-up session focusing on advanced investment techniques.

## Guests:

- Mr. Amit Mawai  
Assistant General Manager, SEBI
- Mr. Aniket Raj  
Deputy Manager, NSE
- Mr. Karan Kohli  
Assistant Manager, NSDL

# FLASHMOB INDEPENDENCE DAY

14 August 2023



On the occasion of India's 77th Independence Day, a vibrant and spirited flashmob celebration took place at Manav Rachna university, showcasing the unity, diversity, and patriotic fervor, Moksh and Rudra, aimed to create a memorable and engaging experience for the public, while also paying homage to the nation's freedom fighters and its journey to independence.

Through a skillful fusion of traditional and modern elements, the flash mob captured the essence of India's journey to independence and the ongoing efforts to uphold its values. The event served as a reminder that while India has achieved freedom, its people continue to work together to build a brighter and more inclusive future.

# CHASING FREEDOM: QUIZ ON ICONIC FIGHTERS

17 AUGUST 2023



The objective of the "Chasing Freedom: Quiz on Iconic Fighters" event was to educate participants about the lives and achievements of historical figures who fought for freedom and social justice



The quiz aimed to engage participants in an interactive and educational experience that celebrated the contributions of these iconic fighters.



The objective of the denim donation drive was to collect gently used denim clothing from the community and donate them to a local shelter or charitable organization. This initiative aimed to provide clothing to those in need while promoting sustainability through reuse.

# DENIM DONATION DRIVE



## ***Impact:***

- The denim donation drive provided with a substantial collection of clothing items that will benefit individuals and families in need.
- Through the drive, the Manav Rachna University was able to contribute to a meaningful cause and promote sustainability by extending the lifecycle of clothing items.

# JUST A MINUTE

17th August, 2023



The "Just a Minute" (JAM) competition is a popular and engaging public speaking exercise that challenges participants to speak on a given topic for exactly one minute without hesitation, repetition, or deviation. The competition is not only a test of one's speaking skills but also an opportunity to showcase quick thinking, clarity of thought, and effective communication.



## Event Structure:

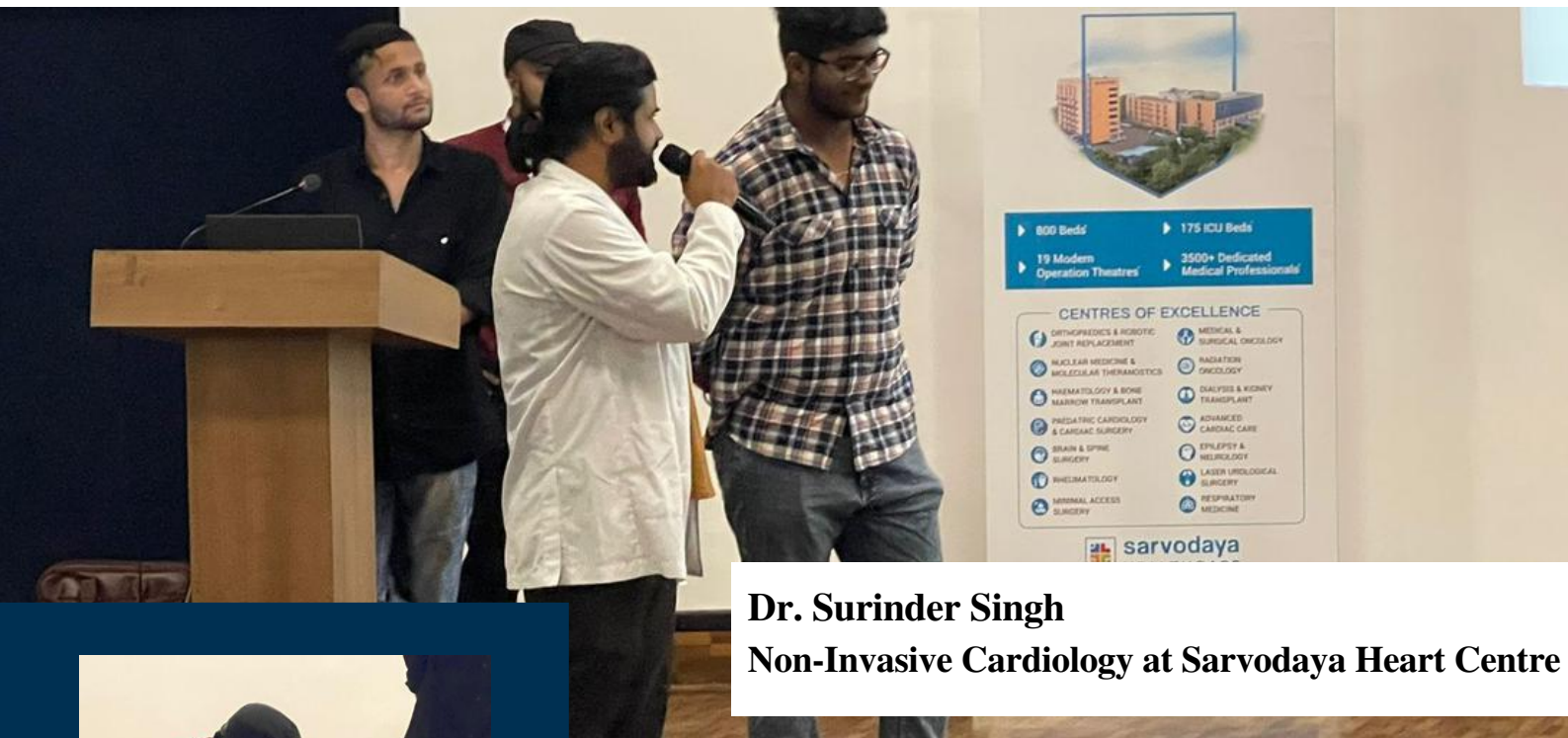
The JAM competition typically follows these steps:

1. Topic Selection
2. Random Selection
3. Speaking Round
4. Adherence to Rules
5. Judging



It was judged by Dr. Chhavi Kulshrestha and Mr. Mayank Jain. Participants actively participated and showed their amazing public speaking skills. The main agenda of the event was to spread awareness about 17 sustainable development goals and to enhance public speaking capability. One minute talk on various topics such as conservation, education, poverty, gender equality.

# FIRST AID AND CPR TRAINING WORKSHOP



**Dr. Surinder Singh**

**Non-Invasive Cardiology at Sarvodaya Heart Centre**

The First Aid and CPR Training Workshop was organized by the Youth Red Cross Society of Manav Rachna University in association with Sarvodaya Hospital on 24-08-2023 at the Mandala Auditorium.



The First Aid and CPR Training Workshop proved to be a valuable learning experience for all participants. The practical nature of the workshop ensured that attendees left with the knowledge and skills necessary to provide immediate assistance in emergency situations. By empowering individuals with the ability to respond effectively, the workshop contributes to the overall safety and well-being of the community.





# Flashmob: Success of Chandrayaan 3

24th August 2023



A vibrant and enthusiastic flash mob event was organized to celebrate the successful launch and mission of Chandrayaan-3, India's third lunar exploration mission. The event aimed to showcase national pride, scientific achievement, and the collaborative efforts of the entire nation.



The flash mob event was a lively and energetic celebration that brought together individuals from all walks of life to rejoice in the successful outcome of the Chandrayaan-3 mission. Held at a prominent public space, the event featured a carefully choreographed dance routine performed by participants. The flashmob aimed not only to celebrate scientific achievement but also to engage the public in space exploration discussions and foster a sense of national pride.



*Designed by:*  
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